

Only **CCT County** members and spouses enrolled in the **High Deductible Health Plan** have the opportunity to **earn up to \$500 per year** in additional employer-paid HSA account contributions by participating in wellness activities/events!

**This program runs through the Fiscal Year, July 2022 – June 2023**

**1. Wellness Survey:** \$50 (once per year)

Watch your email for a survey link and additional details.

**2. Health Risk Assessment & Nurse Consultation:** \$250 (once per year)

Must complete the Health Risk Assessment Biometric Screening available in Spring 2023 **AND** one telephonic or onsite nurse consultation in order to receive complete contributions. Health Risk assessment alone is \$25.

**3. Tobacco Cessation Program:** \$250 for completing a tobacco cessation program (\$250 max per year)

**4. Onsite Health Screenings:**

Screening	Month	Contribution
Healthy Heart Blood Draw	August 2022	\$25
Cardiac and Organ Screening	Sept 2022	\$25
Flu & Pneumonia Vaccinations	Sept 2022	\$25
Mammography Screening	Oct 2022	\$25
Comprehensive Eye Screening	April 2023	\$25
Skin Cancer Screening	April 2023	\$25

**5. Health Screening Follow Ups:** \$100

Follow up with a doctor after receiving an abnormal result at a screening.

**6. Dental Cleanings:** \$50 (\$100 max per year)

**7. Worksite Fitness:** For questions on fitness assessments or presentations, contact Ana Flannigan at [aflannigan@cochise.az.gov](mailto:aflannigan@cochise.az.gov)

Worksite Fitness Session	Contribution	Max contribution
Initial Assessment & enrollment	\$50	\$50/year
Educational presentations	\$10	\$30/quarter

**8. Fitness Activity and Healthy Lifestyle Logs:** up to \$100 per quarter based upon volume/frequency of activity and other healthy behaviors. [CLICK HERE](#) to print your Healthy lifestyle log.

**9. Participation in any organized physical activity event:** \$25/event (\$75 max per quarter)

Examples: Cochise 5k, Cochise County Classic, Police and Fire Games, Bisbee 1000 ... any running/cycling/walking event, sport's tournament, etc.

Receive the incentive for the activities listed above, by completing **the HSA Reporting Log** and send to [WellnessHSA@cctbenefits.org](mailto:WellnessHSA@cctbenefits.org).