



# Praise & Preparedness

## If Disaster Strikes, Are You Ready?

In times of crisis, many people look to faith-based organizations for guidance and support. *[Insert organization name]* has joined Praise & Preparedness, a program from the Cochise County Office of Emergency Services that encourages faith-based organizations to help prepare ourselves, our neighbors and our community before disaster strikes.

There are three basic steps to get ready for any kind of disaster:

**Prepare:** Make a Ready kit for your family. In addition to the items listed in the Ready kit checklist, be sure to keep copies of important documents in a sealed, waterproof container. If you have pets, be sure to include supplies for them as well.

**Plan:** Your family may not be together when disaster strikes, so you need to have a plan to reconnect. Establish a family meeting place away from your home and create a family emergency plan by using the template on FEMA's *Ready* website at [www.ready.gov](http://www.ready.gov).

**Stay Informed:** Stay up-to-date on threats in your area by downloading the free *Ready.gov* mobile app, by registering to receive alerts from Cochise County Wireless Emergency Notification System (WENS) at [www.cochise.az.gov](http://www.cochise.az.gov) and with a NOAA Weather Radio. You can also stay informed by tuning into your local news station.

For more information, including customizable Ready kit checklists, family communication plans and the free smartphone app, visit [www.ready.ga.gov](http://www.ready.ga.gov).

### Ready Kit Checklist

- **Water.** One gallon per person per day, for at least 3 days, for drinking and sanitation
- **Food.** At least a 3-day supply of non-perishable food
- **Can opener.** For food, if kit contains canned food
- **Radio.** Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert, and extra batteries for both
- **Flashlight and extra batteries**
- **First aid kit**
- **Whistle.** To signal for help
- **Face mask.** To help filter contaminated air and plastic sheeting and duct tape to shelter in place
- **Moist towelettes, garbage bags and plastic ties.** For personal sanitation
- **Wrench or pliers.** To turn off utilities
- **Local maps**

