



Cochise Health & Social Services

DIRECTOR

Public Programs...Personal Service

Carrie A. Langley, MSN, MPH, RN-BC

www.cochise.az.gov

Immunizations for Children & Adults -- Immunizations are available for all children 18 and under. Adult immunizations are available at no cost for un-insured and under-insured adults. Flu vaccines are available for insured adults for a fee. Go to the [Immunization Program Schedules](#) link on our webpage or contact us at publichealth@cochise.az.gov for the immunizations schedule in your area.

Pregnancy Testing (Free & Confidential) -- Pregnancy testing and emergency contraception are available on a walk-in basis. There is no charge for pregnancy testing. Emergency contraception is no charge for those under age 19 and a \$15 charge for all others. Go to the [Family Planning Program](#) section of our webpage or contact us at publichealth@cochise.az.gov for information on office hours in your area.

STD Testing and Treatment -- Available at all sites and provided at no cost to individuals under age 19. For those age 19 & over, testing is \$40 and treatment is \$10. Email us at publichealth@cochise.az.gov or contact us at (520) 432-9400 for information.

HIV Testing & Education -- Confidential HIV testing at no cost to all Cochise County residents age 13 and older. We also provide information and referral services to HIV infected individuals, their families and significant others. All HIV testing sessions are in accordance with Arizona Department of Health Services and CDC HIV-CTR policies and procedures. Email us at publichealth@cochise.az.gov or contact us at (520) 432-9400 for information.

Tuberculosis Screening & Control -- Tuberculosis Skin Test Screenings (PPD) are conducted weekly for \$25. X-rays are available for a positive PPD with no x-ray in the past month - a small fee may apply. Follow-up surveillance TB Clinics are utilized to detect and monitor TB Disease. All Cochise County residents are eligible. See the [TB Program](#) section of our webpage or contact us at publichealth@cochise.az.gov for information.

Child Care Health Consultant - CCHCs are Registered Nurses who work directly with child care providers in child care settings, providing consultation, community resource information, and referrals to promote a safe, healthy environment for staff and children. CCHCs work with families, childcare staff, and health care providers to ensure all children have all their needs met and are able to fully participate in the child care program. They also work to reduce the incidence of injuries, decrease the spread of infection, and facilitate well child preventive care. Contact us at: 520-432-9464.

Office of Vital Records - Certified copies of birth and death certificates for persons born in Arizona. You can apply at any of our five sites (locations below). You will obtain a birth or death certificate in most cases on the same day usually within 30-60 minutes. You can also submit an application via mail to: 4115 E. Foothills Dr Sierra Vista AZ 85635 -or- 1415 W Melody Lane Bldg A Bisbee AZ 85603, "Attention Vital Records". You can also complete an **ONLINE APPLICATION** if you are out of state as an expedited service at the *VitalChek website* - www.vitalchek.com. For applications or further information **email us at:** vitalrecords@cochise.az.gov or visit our webpage at <https://www.cochise.az.gov/health-and-social-services/office-vital-records>. **QUESTIONS?** Contact us at: 520-803-3925, 520-432-9406.

Indigent Burial - Please contact the funeral home of your choice for information and assistance in this matter.

Environmental Health Programs - To ensure a safe and healthy environment for the residents of Cochise County, the Environmental Health Division provides education and inspection services: **Food Safety**--routine inspections of a variety of food facilities. **Recreational Health**--routine inspections of public and semi-public swimming pools. **Public Accommodations**--routine inspections of hotels/motels/B&Bs and trailer/RV parks. **Vector Control** surveillance of insects and animals that could pose public health threats. **Complaints**--investigates citizen complaints and nuisance situations. **Smoke Free Arizona**--complaint investigation for Proposition 201. **Septic Systems**-- Review, approval and permitting of septic systems. **Wells**--Approves wells sites 5 acres or less through ADWR. Visit our webpage for more information and fee schedule, or contact us at envhealth@cochise.az.gov

Area Agency on Aging - Case Managers work with individuals, their families, caregivers and support systems finding resources for elderly (60+) and disabled individuals with the purpose of keeping them in their own homes for as long as safely possible. Funded by SEAGO and the County's general fund. After a comprehensive client assessment and depending on SEAGO funding, services such as home delivered meals, housekeeping, personal care, and respite may be available. Referrals to community resources are provided as well. Contact us at: 520-432-9680

Public Fiduciary - The Public Fiduciary serves as the court-appointed guardian, conservator or personal representative of last resort when there is no other party with higher statutory priority. The Public Fiduciary investigates whether the need for court appointment exists and whether the appointment of the Public Fiduciary is appropriate. County funds are not used to pay for the ward/protected person's expenses. Each ward/protected person's income and assets are used to satisfy their needs and pay for their expenses. Contact us at: 520-432-9660

Public Health Emergency Preparedness (PHEP) – PHEP is the emergency response division of CHSS. We provide a 24/7 reporting line (1-800-423-7271) for infectious diseases and other public health emergencies. PHEP develops and maintains the health department emergency response plans and manages the *At-Risk Population Registration* database to help those in need of evacuation or sheltering assistance in times of emergencies or disasters.

Main Office

1415 Melody Lane, Bldg. A
Bisbee, AZ 85603

520-432-9400

520-432-9480 fax

health@cochise.az.gov

Benson

126 W. 5th St.

Benson, AZ 85602

520-586-8200

520-586-2051 fax

Douglas

1012 N. G. Ave., Ste. 101

Douglas, AZ 85607

520-805-5600

520-364-5453 fax

Sierra Vista

4115 E. Foothills Dr.

Sierra Vista, AZ 85635

520-803-3900

520-459-8159 fax

Willcox

450 S. Haskell Ave.

Willcox, AZ 85643

520-384-7100

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WIC (Women, Infants & Children Supplemental Nutrition Program)

WIC is a special supplemental nutrition program for women, infants and children. Services include a complete nutritional assessment to determine health risks, assistance with obtaining nutritious food packages, nutrition education and counseling, and referrals to other pertinent programs.

Our healthy food packages provide:

Fresh fruits & vegetables	Whole wheat bread/brown rice/soft corn tortillas	Whole grain cereals		
100% fruit juice	Tuna/salmon/sardines	Beans/peanut butter	Eggs	Cheese/tofu
Jarred baby food and infant cereal	Milk/soy and goat milk/lactose-reduced milk			

Pregnant and breastfeeding women are offered breastfeeding education and support as well as Peer Counseling services.

Services are provided at no cost for families under 185% of Federal Poverty level. Call 877-942-2477 or contact us at nutrition@cochise.az.gov.

WIC Clinics are located at all Health Department sites listed below, and at Chiricahua Community Health Centers in Douglas, Sierra Vista & Benson.

Maternal & Child Health Home Visiting – “Health Start”

Trained Parent Educators guide women through their pregnancy and the first two years of a child’s life using the evidence-based home visitation curriculum *Partners for a Healthy Baby*, bringing program services to the family as needed, including:

- Developmental screening and assessment known as "Ages and Stages" completed on infants and children to determine the need for further evaluation of special needs that the child may have.
- Depression assessment to determine if client may need further assistance beyond dealing with the "baby blues."
- ATOD (Alcohol, Tobacco & Other Drugs) assessment on each new client to determine if further evaluation or support is needed.
- Health and home safety assessments to assure healthy and safe surroundings in the home of a newborn/child.
- Lay counseling and education on a variety of maternal child health issues, provision of referrals to other programs as needed.
- Breastfeeding support and education provided by trained personnel.
- Car seat safety classes are available to the public.

Our services are provided at no cost to the public. To make a referral call 520-803-3923 or contact us at homevisiting@cochise.az.gov

Healthy Living Classes (for prevention and self-management of chronic diseases)

The Healthy Living Program provides a series of workshops that help individuals or their care givers manage their chronic illnesses. Anyone with a chronic condition such as diabetes, arthritis, heart disease, asthma, or any other on-going health condition can participate. There is no cost for workshops. Contact us at healthyliving@cochise.az.gov to find out our workshop schedule.

Teen Pregnancy Prevention Services

Trained Health Educators provide evidence-based prevention curriculum upon request by schools, youth programs and other venues. All curricula emphasize the importance of healthy lifestyles by providing teens with the knowledge to make informed decisions. All components provide an abstinence-based message. We also offer an Active Parenting workshop to parents of teens which assist parents on how to talk to teens about various teen issues. There is no charge for our services. To schedule a class at your site, contact us at healthyliving@cochise.az.gov

Tobacco Prevention Services

Our trained Health Educators work with youth, adults, health care organizations and businesses to educate for and encourage policy change to support tobacco cessation:

- We provide education and training for health care organizations and businesses to implement an ASHLine referral process in their organization. ASHLine - the Arizona Smokers' Helpline - provides FREE smoking cessation coaching & NRT.
- We have a county-wide Youth Coalition which promotes tobacco prevention messaging to youth peers, focuses on community-wide policy change to reinforce tobacco cessation and assists at school and community events.
- We partner with the Attorney General's Office and trained youth to conduct compliance checks to reduce tobacco sales to minors.
- We provide a 2-hour Retailer Education training for tobacco vendors about the laws regarding tobacco sales to minors.
- We provide Youth Tobacco Diversion Trainings at schools and juvenile courts.

There is no charge for our services. To make a referral contact us at healthyliving@cochise.az.gov

Worksite & School Wellness

We provide technical assistance and training to businesses to implement their own worksite wellness program and we partner with schools to assist with the implementation of the SHI/SHAC/SHIP process. There is no charge for our services. Contact us at healthyliving@cochise.az.gov

HEALTHY COCHISE INITIATIVE – Citizen-led groups in all communities work on strategies to make their communities healthier in many ways.

Review the Community Health Improvement Plan and how you can help at: www.healthychochise.az.gov.

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