



# Cochise County Breastfeeding Resources

## **Arizona Department of Health Services (ADHS)**

24/7 Breastfeeding Hotline: 1-800-833-4642

Information & Resource Website:

<http://www.azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php>

## **Breastfeeding Support Group:**

Mommy-to-Mommy sharing breastfeeding experiences, support, and resources

Mondays 9:15AM- 10:30AM

Thrive: A Wellness Center @ Sierra Vista Mall

Contact: Stephanie at (520) 508-6748

## **Cochise County Breastfeeding Taskforce /**

### **Breastfeeding Friendly Childcare Recognition Program:**

Community partners advocating for a breastfeeding friendly community

Contact: Renee Cooper at 520-432-9463 or [rcooper@cochise.az.gov](mailto:rcooper@cochise.az.gov)

## **Cochise Health & Social Services**

1415 E. Foothills Dr., Sierra Vista, AZ. 85635

### **Women, Infants & Children (WIC) Program**

Text or call: Priscilla Lord at (520) 368-7843 or (520) 805-5619 for breastfeeding questions/support

Call : 520-803-3900 for information and appointments

<https://www.cochise.az.gov/health-and-social-services/wic-special-supplemental-nutrition-program-women-infants-children>

### **Health Start Home Visitation:**

All staff trained in breastfeeding support, one-on-one as needed

Contact: Larae Swartz at (520) 803-3923

<https://www.cochise.az.gov/health-and-social-services/maternal-and-child-health-home-visiting>

## **La Leche League of Sierra Vista :**

Breastfeeding education, information, encouragement

### **Monthly support group meetings:**

10:00am on *the Third Saturday of Every Month* @ Desert Blossom Women's Care  
4810 E Hwy 90, Sierra Vista.

Call or text: Jen at 910-551-6873 or Stephanie at 520-508-6748

Email: [LLLSierraVista@gmail.com](mailto:LLLSierraVista@gmail.com)

Facebook: LLL of Sierra Vista

## **La Leche League International Breastfeeding 24/7 Helpline:**

1-800-525-3243

## **Military Public Health Nurse/New Parent Support Program:**

Breastfeeding education, support, in-home visitation to military families

Contact: Sara Jones at (520) 533-2246

