A Resource Guide

For The

Community of Cochise County

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Per request of members of the Cenpatico Community Advisory Council (CAC)
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Your Community

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Emergency Information

Emergency	911
Cochise County Sheriff (non-emergency)	800-362-0812
Highway Patrol	520-746-4500
Canyon Vista Medical Center	520 263-2000
Benson Hospital	520-586-2261
Copper Queen Community Hospital	520-432-5383
Northern Cochise Community Hospital	520-384-3541
Southern Arizona Medical Center	520-364-7931
Poison & Drug Information Center	800-222-1222 / TTY 800-222-1222
http://azpoison.com/	
Behavioral Health Crisis Line (Nursewise)	866-495-6735
Child Abuse (Report)	888-767-2445
Deaf & Hard of Hearing Warm Line	More information regarding the Warm Line on page 47
Put pie VP. 928-239-2500 / Sorensen VP. 928-515-2396 / Text Message 928-351-1099	
5:00 p.m. - 10:30 p.m., 7 days a week	
Hope Inc. Warm Line	877-770-9912 (confidential, non-emergency Phone line)
National Domestic Violence Hotline 24 hour	800-799-7233 (SAFE) / TTY 800-787-3244,
http://www.thehotline.org/	
National Sexual Assault Hotline 24 hour	800-656-4673 (HOPE)
https://www.rainn.org/get-help/national-sexual-assault-hotline	
National Teen Dating Abuse Helpline	866-331-9474 or 1-866-331-8453 (TTY)
Runaway Hotline	800-786-2929
www.1800runaway.org	
Stalking Resource Center	800-394-2255
Southern Arizona Center Against Sexual Assault	800-400-1001
Suicide Prevention	800-273-8255 / TTY 800-799-4889
www.suicidepreventionlifeline.org	
Veterans Crisis Line	800-273-8255 Press 1

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INTRODUCTION

I would like to introduce the Resource Guide for the Communities of Cochise County. This guide contains information on a variety of services and programs offered by agencies in this wonderful County to assist and serve our growing populations.

Thank you to all who have contributed and assisted in keeping information current. This is a living document, so please continue to provide current information on your agency and on resources and information that are not included. The "Organization Spotlight" form is available to assist in submitting or updating agency and program information.

Be sure not to miss out on current events, trainings, vital information and resources through the ***Cochise Network and Resource Listserv,*** and the ***Cochise Community Connections Facebook*** page. The Resource Guide can be found on the following website; Cochise Health & Social Services website: https://www.cochise.az.gov/health-and-social-services/cochise-county-resource-guide

For more information, to update or add agency entries to the Resource Guide or to be added to the Cochise Network and Resource Listserv, submit inquiries to: SRichards@cenpatico.com

Follow the Cochise Community Connections Facebook page at
https://www.facebook.com/pages/Cochise-Community-Connections/1435747479991848

Food Assistance and/or Clothing Assistance

FOOD BANKS/COMMODITIES		
BENSON	**BENSON**	**BISBEE**
Benson Area Food Bank 370 S Huachuca Street (& 7th St.) **Benson**, Arizona 85602 **PHONE:** 520-586-7916 Joy Reilly Mon - Fri: 9am to 11:30am	**Community Food Pantry of Benson** 1120 West 4th Street (& Easy Street) **Benson**, Arizona 85602 **PHONE:** 520-586-1952 Carol, V.P. Food Pantry: Emergency food box: (Nov – Apr) Wed 10am – 1pm / (May-Oct) Wed 9am to 12pm. 60+ Program: food box for individual over 60 years of age, low income (3rd Mon of each month).	**Bisbee Coalition for the Homeless, Inc.** 509 Romero Street (& Hwy 92) **Bisbee**, Arizona 85603 **PHONE:** 520-432-7839 Tony Bedolla Food Pantry: Mon - Sun 5pm - 6pm & Tues, Thurs 10am – 12pm
BOWIE	**DOUGLAS**	**DOUGLAS**
Rural Accent Inc. 219 W. Business Loop I-10 (& Washington) **Bowie**, Arizona 85605 **PHONE:** 520-847-0847 Sharon Webster-Jackson Food Pantry: Mon, Fri 9am – 4pm. Commodities: 1st Thurs each month 8:00am – 9:30am.	**Douglas Area Food Bank** 660 N. "G" Avenue (& 7th Street) **Douglas**, Arizona 85607 **PHONE:** 520-364-4170 Javier Fimbres Food Distribution: Tue & Thurs (Sept-May), Sign in 9am - 10:00, (June-Aug) Sign in 8 - 9am. Commodities: 3rd Monday each month, 9am – 11am (Jan & Feb 4th Friday)	**Society of St. Vincent de Paul - Douglas** 543 "G" Avenue (between 5th & 6th) **Douglas**, Arizona 85607 **PHONE:** 520-364-7573 Elizabeth Ames Lunch: Mon, Fri 11am – 12pm. Food Pantry: Tues, Thurs 1pm – 3pm. Can assist w/Utilities/Transportation/NO Rent
DOUGLAS	**DRAGOON**	**ELFRIDA**
Maranatha Church 527 5th Street (& G Ave.) **Douglas**, Arizona 85607 **PHONE:** 520-805-0259 Esther Suchite Food Pantry: Tues-Sat 9am – 1pm Soup Kitchen on Sat 11:30am – 1:30	**Dragoon Women's Club** 1871 N. Johnson Road (& Dragoon) **Dragoon**, Arizona 85609 **PHONE:** 520-586-0165 Patricia Page Food Pantry: 2nd Mon each month 9am – 11am.	**Valley Food Bank (Elfrida Fire Department)** 10293 Central Highway (& Hwy 191) **Elfrida**, Arizona 85610 **PHONE:** 520-642-3749 R. Warner Commodities: 1st Friday each month 12pm – 2pm.
PEARCE	**PEARCE**	**PEARCE**
St. Jude - Society of St. Vincent de Paul (Mile Marker 51) **Pearce**, Arizona 85625 **PHONE:** 520-384-9266 Dolores Mendoza Holiday baskets, holiday meals, food when needed. Donation Appreciated and accepted!	**Sunizona Food Pantry** 13385 Dos Cabezas Road (& Hwy 181) **Pearce**, Arizona 85625 **PHONE:** 520-507-0052 Annette Pock Food Pantry: 1st Fri of each Month, 9am – 10am	**Wynne Chapel** 374 E. Richland Way (& Rt. 191) Pearce, Arizona 85606 **PHONE:** 520-826-3353 Pam Moore Food Pantry: Emergency only, Call for information: Mon, Tue, Fri. Commodities: 2nd Tue each month 9am to 10:30am.
PEARCE	**SIERRA VISTA**	
New Beginnings Fellowship 13385 Dos Cabezas Road (Hwy 181 & Bell Ranch Road) **Pearce**, Arizona 85625 **PHONE:** 520-507-3142 Pastor Dana Martin Basic staple food available. Cloth Closet. Donations Appreciated and Accepted!	**Salvation Army Sierra Vista Corps** 156 E. Wilcox Drive (& 1st) **Sierra Vista**, Arizona 85635 **Phone:** 520-459-8411 Ruth A. Brown Office Hrs: Mon 10am – 3pm, Wed 12pm – 3pm, Fri 10:30am – 3pm Soup Kitchen: Mon, Wed, Fri 1pm – 2:45pm Brown Bag (Lunch): Tues & Thurs 3pm –	

	3:30pm at the door.	
ST. DAVID	**ST. DAVID**	**TOMBSTONE**
St. David Food Bank First Baptist Church 106 S. Lee Street (Hwy 80) **St. David**, Arizona 85630 **Phone:** 520-720-4755 Food Pantry: Fri 3pm – 5pm	**St. David Commodities Distribution Satellite** First Baptist Church 106 S. Lee Street (Hwy 80) **St. David**, Arizona 85630 **Phone:** 520-720-9670 Joy Baker Commodities: 2nd Thurs of each month 12pm – 2pm	**Tombstone Community Food Bank** 15 N. San Diego Street (& Hwy 80) **Tombstone**, Arizona 85638 **PHONE:** 520-457-3697 Sherry Johnson Food Bank: Wed – Fri. 9am – 2:30pm, Sat 9am-12pm. Commodities: 3rd Thurs each month 9am to 12pm.
TOMBSTONE	**WILLCOX**	**WILLCOX**
Sacred Heart Church/Society of St. Vincent de Paul 590 E. Safford Street (& 6th Tombstone, Arizona 85638 **PHONE:** 520-559-4168 Morry Gilbert Food Pantry: Tue, Wed, Thurs 9am – 2pm.	**Willcox United Methodist Church** 124 S. Curtis Avenue (Fellowship Hall) **Willcox**, Arizona 85643 Phone: 520-384-3482 Rev. Robert (Bob) Cutlipp Commodities: 4th Thurs each month 9am – 11am	**Willcox Community Food Pantry** 200 West Downen Street (& Haskell) **Willcox**, Arizona 85643 **PHONE:** 520-384-2114 Nell Worden Food Pantry: Mon, Wed, Fri 9am - 11:30am.
Arizona Association of Food Bank's (AAFB) http://www.azfoodbanks.org/index.php/foodbank/index/		

Borderlands Food Bank
2661 N. Donna Ave.
Nogales, Arizona 85621
POWWOW Hotline: 800-551-6764 **Facsimile:** 520-842-2134
POWWOW - Produce On Wheels – With Out Waste
Metro Tucson and Southern Arizona (for a calendar of distribution sites and dates visit website)
Anyone can donate $10 to shop for up 60 lbs. of fresh nutritious rescued produce. Please share the produce with neighbors, friends, family, or someone who's in need. For up-to-date information about POWWOW please visit us at www.borderlandsfoodbank.org or check us out on our Facebook page at facebook.borderlandsfoodbank.org.

Fort Huachuca Community Thrift Shop
Bldg. 90012
Fort Huachuca , Arizona 85613
Phone: 520-458-4606
Hours: 9:30am-3:30pm, Tues, Thurs / 9:30am-1:30pm, 1st-Sat-Each-Month

The Good Samaritan Center
150 W. Jessie Street (behind Dairy Queen)
Willcox, Arizona 85643
Phone: 520-766-4357
Clothing bank (also help with furniture when available)

Goodwill Industries of Southern Arizona

Benson
205 S. Prickly Pear Ave., Suite 4
Benson, Arizona 85602
Phone: 520-586-8839 **Fax:**

Sierra Vista
2105 E. Fry Blvd.
Sierra Vista, Arizona 85638
Phone: 520-895-5986 **Fax:**

Website: www.goodwill.org
Eligibility: N/A
Intake Process: N/A
Description: Donate/Shop: It's simple: donate stuff, create jobs. When you donate your new and gently used items to Goodwill®, we sell them in our stores or on our online auction site and use the revenue generated to fund valuable employment training and job placement services for people in your community.
Find a Job/Services: At Goodwill, we believe everyone should have the opportunity to live independently, earn wages and achieve their dreams. We're committed to helping you achieve your personal and professional goals, whether it's earning a credential or degree, planning for your next career, polishing your job search and interview skills, getting your finances in order or overcoming a challenge specific to your experience or background.
Hours: Monday - Saturday, 8:00am - 9:00pm / Sunday, 8:00am - 7:00pm
Program Fees: N/A
Languages: English
Handicap Accessible? Yes

Habitat For Humanity ReStore
650 E. Wilcox
Sierra Vista, Arizona 85635
Phone: 520-458-0016
Email: info@habitatsvaz.org
Website: http://www.habitatsvaz.org/
Eligibility: N/A
Intake Process: N/A
Description: The purpose of the Habitat ReStore is to support Habitat's mission through fundraising (via sales). Our ReStore not only provides a retail outlet for low-cost building materials and home improvement products, it also stocks reasonably priced gently-used clothing, housewares, electronics, furniture, and appliances.
Hours: Monday – Saturday, 9:00am - 5:00pm
Program Fees: N/A
Languages: English, Spanish
Handicap Accessible?

Salvation Army Family Store, The
280 E. Wilcox Drive
Sierra Vista, Arizona 85635
Phone: 520-459-4612
Website: http://www.salvationarmytucson.org/
Eligibility: No restrictions
Intake Process: Visit store
Description: Sells donated clothing, furniture, and household goods to the general public.
Hours: Monday – Saturday, 9:00am – 5:00pm

Program Fees: Vary by item
Languages: English
Handicap Accessible? Yes

St. Vincent De Paul – Thrift Store
220 Meyer Drive
Sierra Vista, Arizona 85650
Phone: 520-458-0870
Eligibility: No restrictions
Intake Process: Visit store
Description: Sells donated clothing, furniture, and kitchen supplies.
Hours: Monday – Friday, 10:00am-5:00pm, Saturday 10:00am-4:00pm
Program Fees: Vary by item
Languages: English, Spanish
Handicap Accessible? Yes

Shelters / Low Income Housing

Bisbee Coalition for the Homeless
509 Romero Street
Bisbee, Arizona 85603
Mailing Address: PO Box 5393 Bisbee, Arizona 85603
Phone & Fax: 520-432-7839
Website: http://www.bisbeeshelter.org/
Eligibility:
Intake Process:
Description: Bisbee Coalition for the Homeless services include emergency shelter for men and women, case management services, job services and training, clothing and blankets, food boxes, showers, laundry facilities, meals and drop in services.
Our shelter is staffed with a team of Resident Managers who cook dinner each night for overnight clients as well as anyone who arrives at 5 p.m. in need of a hot meal. The Resident Managers also provide breakfast, lunch to go, and case management to our clients, and food boxes and clothing upon request.
Volunteers and staff also facilitate the distribution of commodities from the Tucson Food Bank during the mornings of the fourth Monday of each the month at the old Bisbee Middle School on Melody Lane.
Hours: Call
Program Fees: None
Languages: English, Spanish
Handicap Accessible?

Forgach House - Domestic Crisis Shelter
(Confidential location)
Mailing Address: PO Box 1961, Sierra Vista, Arizona 85636-1961
Phone: (520) 458-9096 **Fax:** (520) 458-0796
Website: www.ccs-soaz.org
Eligibility: Women with children who have experienced domestic violence, sexual assault, elder abuse, and trafficking in Cochise County.
Intake Process: Call

Description: Provides telephone crisis intervention and shelter for women and their children who are victims of domestic violence. Includes Advocacy services for court accompaniment and orders of protection, Case management services for support and self-sufficiency, Educational and activity groups, Nutritional services, Group sessions, Financial Resources and transitional living where case managers work to ensure needed resources remain in place while residents build the confidence to succeed on their own. Length of stay is 45 days.
Hours: Monday – Friday, 8:00am – 5:00pm, Administration; 24-hours hotline
Program Fees: None
Languages: English, Spanish
Handicap Accessible? Yes

Good Neighbor Alliance
420 N. 7th Street
Sierra Vista, Arizona 85635
Phone: 520-439-0776
Website: svshelter.org
Eligibility: Given that the basics-shelter is based on availability, they must be able to take care of all personal needs (such as bathing and all hygiene needs) and they can't be under the influence. We can't accept pets of any kind. We have limited space therefore they can't bring lots of stuff with them. Dinner is served at 6PM daily. They must vacate the shelter by 7:30 am daily.
Intake Process: GNA staff needs to talk the person directly. They can call or stop in during office hours. We must do a telephone assessment because we need to get and give information to the potential guest.
Description: "Assisting displaced families and persons in need with safe, temporary shelter and access to supportive service and work toward helping them achieve economic and social self-sufficiency."
It provides short term emergency housing and other services for men and families with children under the age of 18. The shelter contains a dormitory for single men and individual rooms for families. In addition to providing basic necessities of shelter, food, and a safe place to stay, the following support services are provided:

- Job search and life training skills
- Individual case planning
- Access to computers
- Assistance with replacing birth certificates and social security cards
- A contact address and phone number

Alcoholics Anonymous Meeting: Mondays and Wednesdays at 7:30 p.m., open, non-smoking.
Narcotics Anonymous Meeting: Tuesdays at 7:30 p.m.
Hours:
Program Fees: None
Languages: English, Spanish
Handicap Accessible?

House of Hope (Catholic Community Services) – Domestic Crisis Shelter/Douglas
(Confidential location)
Mailing Address: P.O. Box 1218, Douglas, Arizona 85608
Phone: 520-364-2465 (24 hours a day 7 days a week) **Fax:**
Website: www.ccs-soaz.org
Eligibility: Women with children who have experienced domestic violence, sexual assault, elder abuse, and trafficking in Cochise County.

Intake Process: Call
Description: Provides telephone crisis intervention and shelter for women and their children who are victims of domestic violence. Includes Advocacy services for court accompaniment and orders of protection, Case management services for support and self-sufficiency, Educational and activity groups, Nutritional services, Group sessions, Financial Resources and transitional living where case managers work to ensure needed resources remain in place while residents build the confidence to succeed on their own. Length of stay is 45 days.
Hours: Monday – Friday, 8:00am – 5:00pm, Administration; 24-hours hotline
Program Fees: None
Languages: English, Spanish
Handicap Accessible? Yes

Women's Transition Project (WTP) / Renaissance House
240 O'Hara Avenue
Bisbee, Arizona 85603
Phone: 520-432-1771 **Fax:** 520-432-4703
Email: dvary@pasaderanetwork.org
Website: http://www.renaissance-house.org/index.htm
Eligibility:
Intake Process:
Description: **Renaissance House** is a Level 2* behavioral health facility that serves homeless women in recovery from drug and alcohol dependence, victims of domestic violence, women getting out of jail or prison, women with mental illness, and women who are working to reunite their families. Renaissance House provides residents food, shelter, clothing, transportation, and childcare while offering a comprehensive array of services, treatment and training.
Belleza Gallery, wholly owned by Renaissance House, manages an innovative vocational education program in which residents construct Adirondack furniture. One-hundred percent of the profit from the gallery provides operating funds for Renaissance House and 100% of the profit on the sale of the furniture is distributed to the residents at the time of their graduation from the facility. In addition, clients learn life, vocational, and business skills while working at the gallery and in the wood-working facility.
Hours:
Program Fees:
Languages: English
Handicap Accessible?

HUD Housing - http://www.lowincomehousing.us/cty/az-graham

Willcox Apartments
708 N. Arizona Avenue
Willcox, Arizona 85643
Phone: 520-384-3205 **Fax: 520-384-3206**
Website:
Eligibility: Tax Credit/Rural Development
Intake Process: Application - $14.25 Background/Credit Check – Waiting list
Description: Beautiful two-story Spanish-style buildings feature spacious floor plans, large patios or balconies, and plenty of storage space for all the little things that make a house a home. 2, 3 and 4 bedroom apartments with all the modern conveniences, at an affordable rent level. All appliances

including ceiling fans, cable tv/internet ready units, washer/dryer connections, patio/balcony, outdoor storage, playground, carports, energy efficient features, community room, onsite laundry, water, sewer and trash paid, close to shopping, restaurants and schools, rental assistance available.
Hours: Monday – Thursday, 9:00am – 5:00pm
Program Fees: N/A
Languages: English/Spanish Interpreters on Property
Handicap Accessible? Yes

ALL OTHER SERVICES

Alzheimer's Association Desert Southwest Chapter Southern Arizona Region
1159 North Craycroft Road
Tucson, Arizona 85712
Phone: 520-322-6601 **Fax:** 520-322-6739
Website: www.alz.org/dsw
Eligibility: People with memory problems and family caregivers living in Graham, Greenlee and Cochise counties.
The Alzheimer's Association Desert Southwest Chapter has been providing support services and information since 1981 to people with memory problems, families caring for them, and health care providers.
Intake Process: Intakes available 24 hours a day by calling Helpline at 1-800-272-3900. A Family Care Consultant is available to meet with individuals and families in person at their home or another convenient location throughout Graham, Greenlee and Cochise Counties.
Description: We are a community based 501c3 non-profit charitable organization, incorporated and governed by a local volunteer board of directors to provide services in Arizona and Southern Nevada. Our vision is a world without Alzheimer's ™.
Helpline/ Information & Referral is available 24 hours a day.
Family Care Consultation & Respite is individualized services that assist persons with Alzheimer's disease and their families in planning for and dealing with all aspects of the experience.
Support Groups are regularly scheduled sessions of small groups of persons with Alzheimer's and/ or family, friends, or caregivers who share information and experiences, build new skills, and offer peer support and ideas about issues related to dementia. See listing below.
Benson – Benson Hospital, 450 S. Ocotillo Ave. (Benson Hospital Trng. Room), 2nd Thursday – 3:00PM
Sierra Vista – Sierra Vista Library, 2600 E. Tacoma, 4th Thursday – 10:30 AM
Early Stage programs are a cluster of activities and resources designed to engage, encourage and empower individuals in the early stage of Alzheimer's disease and related disorders, through varied opportunities including social engagement, education and peer support. Including "EPIC" Early stage Partners In Care, a free 7 week workshop designed for individuals affected by early memory loss and their care partners together.
Education programs are planned group activities to increase understanding, knowledge, and skills to enhance the quality of life for those affected by Alzheimer's disease. Including "Care Pro" Care Partners Reaching Out, a free 10 week workshop designed to develop the skills needed to care for someone with dementia or memory loss.
Safety Net is a nationwide identification and education program that reduces the risks associated with wandering and mobilizes first responders should an individual with Alzheimer's disease wander and become lost. Including Medic Alert® + Safe Return® with 24/ 7 coverage in the event of wandering and GPS technology is available through ComfortZone™.
Hours: 24 hours / 7 days per week

Program Fees: None.
Languages: English & Spanish/ with access to more than 100 languages
Handicap Accessible? Yes

Arizona's Children Association
942 E Fry Blvd., Sierra Vista AZ 85635
Sierra Vista, Arizona 85635
Phone: 520-224-9100 **Fax:** 520-224-9101
Website: http://www.arizonaschildren.org/
Eligibility:
Intake Process:
Description: Behavioral Health & Trauma/Crisis Response
We assist individuals and families in heightening social-emotional well-being and guiding those that have been impacted by trauma and abuse through the healing process. We provide individuals and families with a safe place to change circumstances, gain strength, learn coping skills, and develop productive relationships.

Kinship Services

Families who are raising their relative's children are given the necessary support and assistance that will allow them to navigate the unique challenges that they may encounter while raising their relative children.
Hours:
Program Fees:
Languages:
Handicap Accessible? Yes

Arizona Counseling and Treatment Services (ACTS)

500 S. Hwy 80, Suite A
Benson, Arizona 85602
Phone: 520-720-0290 **Fax:** 520-586-4644

21 Howell Avenue, PO Box 1605
Bisbee, Arizona 85603
Phone: 520-366-8720 **Fax:** 520-432-5926

2039 E. Wilcox Drive, Suite A
Sierra Vista, Arizona 85635
Phone: 520-226-9002 **Fax:** 520-459-0563

114 S. Arizona Avenue
Willcox, Arizona 85644
Phone: 520-254-4334 **Fax:** 520-384-6155

Website: www.actsaz.com
Eligibility: ACTS is an AHCCCS and Medicare Provider.
Intake Process: Intakes are scheduled within 7 days of a request for service. Members will meet with a benefits specialist to obtain financial and eligibility information. Members will also meet with a clinician to obtain demographic information for enrollment, conduct a core assessment, and create an individualized service plan.
Description: Acts offers the following services for high and low needs participants: Assessments, Individual Therapy, Family Therapy, Group Therapy, Living Skills, Health and Wellness Skills, Medical Services, Peer and Family Support Services, Employment Services and DUI services. We serve all ages and populations based on eligibility stated above.
Hours: Operating Business Hours are Monday-Friday, 8:00am-5:00pm. After hour and weekend services are available by appointment. ACTS has an administrator on call which is available 24 hours a day, 7 days a week, including holidays.
Program Fees: ACTS offers a sliding fee schedule available to those who qualify.

Languages: ACTS offers services in English and Spanish. ACTS provides translation services for all other languages based on eligibility.
Handicap Accessible? Yes

Arizona Workforce Connection

Sierra Vista One Stop
1843 Paseo San Luis
Sierra Vista, Arizona 85635
Phone: 520-458-9309/**Fax:** 520-458-4786
TTY: 520-452-1667

Douglas One Stop
515 E. 7th Street
Douglas, Arizona 85607
Phone: 520-364-8906/**Fax:** 520-364-8926

Website: www.seazworkforce.org **Facebook:** www.facebook.com/AWCGG
Eligibility: We provide One Stop services to all job seekers and employers.
Intake Process: All visitors must complete a daily intake form for vistation tracking purposes. Those interested in educational training services (based on funding availability), would be required to complete application to determine if eligible under requirements and provide supplemental documentation before potentially being enrolled into an applicable program.
Description: Arizona Workforce Connection promotes and supports a workforce system that offers solutions to achieve and sustain economic prosperity. We are a private/non-profit organization (managed by Cochise Private Industry Council) that is federally-funded to administer the Workforce Investment Act (WIA). We provide services, at no cost, to employers and job seekers in Cochise, Graham & Greenlee counties. Our organization streamlines multiple employment and training programs into an integrated One Stop system, simplifying access for employers and job seekers.

We partner with employers in job development (we can post jobs online through www.azjobconnection.gov and provide assistance with the hiring process (we can recruit, screen and interviewing space is available if needed). At times, we may be able to create and/or direct employers to customized training programs tailored to meet their business demands. We also provide employers with Rapid Response services if a layoff or shutdown is expected to assist affected workers.

We have several One Stop locations that can be found by accessing our website, www.seazworkforce.org . Our offices provide clients with access to equipment such as computers with high-speed internet access, phone, fax and copier for job search related purposes. We offer priority of service to veterans. In addition, we assist with resume writing, professional skills development, labor market/occupation information, career counseling and job referrals. Some job seekers may qualify for educational training (based upon eligibility/grant funding availability). If selected, the job seeker will receive one-on-one assistance and case management services.

Some of the grant programs available are:

- Dislocated Workers-those who are laid off and need to find work
- Adults-those looking who might be under-employed, are looking for advancement or higher paying jobs
- Displaced Homemakers-those who are recently divorced/widowed and others who need to return to the workforce
- Youth-for low-income, at-risk youth and young adults from ages 14 to 21
- Title V/Older Americans-adults over 55 who need training to help secure job placement

Arizona Workforce Connection is an Equal Opportunity Employer. Auxiliary aids and services are available upon request to individuals with disabilities. Please note that other services may be provided based on individual needs, grant funding and/or based on operating law.
Hours: Monday – Friday, 8:00am – 5:00pm
Program Fees: NO cost for our services
Languages: English & Spanish, access to other foreign language services as needed via telephone
Handicap Accessible: Yes

BNL Skill Builders
PO Box 415
Sierra Vista, Arizona 85636
Phone: 520-508-3544 **Fax:** N/A
Website: N/A
Eligibility: services available to all community members and organizations.
Intake Process: N/A
Description: teach life skills, develop and coordinating trainings, assists in looking for resources.
Hours: varies
Program Fees: Negotiable
Languages: English
Handicap Accessible? Yes

Birth to Five HelpLine: 1-877-705-5437
Southwest Human Development
Helpline Call Topics:

- Community Resources
- Health and fafety
- Behavior
- Child Development
- Feeding fussy baby
- Sleep
- Mental health
- Parenting
- Divorce Related
- and more…

Bridgeway Health Solutions
1501 W. Fountainhead Parkway, Suite #295
Tempe, Arizona 85282
Member Services: Long-Term Care: (866) 475-3129 / TTY/TDD: 711
Website: http://www.bridgewayhs.com/
Eligibility: Please call. Coverage Area: Cochise/Graham/Greenlee Counties
Intake Process:
Description: The Arizona Long Term Care Services Program (ALTCS) covers a variety of services that help meet health or personal needs. It can include medical and non-medical care to people who have a chronic illness or disability. Most types of long-term care are provided in order to assist people with daily activities. This can be around the home, in the community, in assisted living settings or in nursing homes.

We are dedicated to promoting healthy outcomes and quality of life for our members. We strive to make a difference in the lives of Arizona Long Term Care System's (ALTCS) members and providers.
A partial list of Bridgeway's covered services includes:

- Nurse hotline 24 hours a day
- Behavioral health programs
- Home modifications
- Attendant care
- Emergency alert systems
- Equipment to assist with mobility

Hours: Monday – Friday, 8:00am – 5:00pm
Program Fees:
Languages: English/Spanish
Handicap Accessible? Yes

Canyon Vista Medical Center / Behavioral Health Unit
5700 E. Hwy 90
Sierra Vista, Arizona 85635
Phone: 520-263-2000
Website: www.canyonvistamedicalcenter.com
Behavioral Health Unit:
Phone: 520-263-3130 **Fax:** 520-263-3133
Direct Admissions: 1-855-439-2364
Eligibility: Adults (18 and up), Geropsych (65 and up)
Voluntary, Involuntary, Court Ordered and Co- Occurring Disorders
Intake Process: Individuals may call the BHU to schedule an evaluation for admission.
Description: Provide comprehensive psychiatric assessment and diagnostic services. The behavioral health unit will occupy the fourth floor in the new hospital, offering 19 Level 1 adult beds. The beds are available for short term crisis stabilization.

- The behavioral unit will be staffed with a psychiatrist, social workers, nurses and trained behavioral health staff.
- Aid patients and their families in identifying and obtaining necessary social and medical resources for continued stabilization.
- Assist patients in regaining and maintaining their highest level of functioning.

Hours: 24/7
Program Fees:
Languages: English/Spanish
Handicap Accessible: Yes

Canyon Vista Medical Center / Postpartum Wellness, Women & Children's Services
5700 E. Hwy 90
Sierra Vista, Arizona 85635
Phone: 520-732-9262 **Fax:** 520-263-3319
Email: ellen.ackereman@canyonvistamedicalcenter.com
Website: www.canyonvistamedicalcenter.com
Eligibility: Prenatal and Postpartum Women
Intake Process: Telephone Screening and Referral
Description: The goal of CVMC's Postpartum Wellness Program, is to support families during pregnancy and childbirth by using the ten question Edinburgh Postnatal Depression Scale to screen each new

mother four weeks after her birth. We offer education and referrals to facilitate appropriate care. RNs trained in perinatal mood and anxiety disorder accept referrals from professionals or families. Current studies indicate that 1 in 5 new mothers is affected with a mood disorder. The program offers community outreach education to agencies and professionals.
Hours: Monday – Friday 9 am – 5 pm, referrals always welcome
Program Fees: None
Languages: English, translation provided
Handicap Accessible: Yes

Canyon Vista Medical Center / Wellness Depot in The Mall At Sierra Vista
2200 El Mercado Loop (Between Sears and the Food Court)
Sierra Vista, Arizona 85635
Phone: 520-459-8210 **Fax:** 520-459-8252
Website: www.canyonvistamedicalcenter.com
Email: wellness.depot@canyonvistamedicalcenter.com
Eligibility: NA
Intake Process: NA
Description: We provide educational classes to the public about health and wellness. These include lectures / presentations by local Physician and health associates; to include traditional and integrative forms of medicine. We also offer different types of exercise classes. We host several support groups. We teach about disease processes and how to live well with your diagnosis. Our community physicians present information about services currently available at Canyon Vista Medical Center. We offer free weekly blood pressure checks and monthly blood glucose monitoring. We have a small lending library and lots of free literature about a number of health topics.
Hours: 8:00 AM to 4:30 PM Monday thru Friday
Program Fees: Most are free, some instructors may charge a nominal class fee
Languages: English
Handicap Accessible? Yes

Caring Connections for Special Needs, LLC.
P.O. Box 2434
Benson, Arizona 85602
Phone: (520)686-9436 **Fax:** (520)586-4710
Website: www.ccsneeds.com
Eligibility: Children must be AHCCCS eligible and currently enrolled in Behavioral Health Services within the Cenpatico system of care. We also accept SED funding. Children we serve are between the ages of 5-17yrs and can be as young as 4yrs depending on case specifics/needs. If the child meets those requirements, a referral from their Primary Behavioral Health agency can then be submitted to our office.
Intake Process: Once the referral is received with all required documents to treat, the appropriate site manager will contact the parents/guardian to set up services that best fit their needs.
Description: Our agency provides a wide range of services. These include, but are not limited to: respite care, skills (group and individual), therapy, family support, family counseling/therapy and personal care. We also offer programs after school and during winter/spring/summer breaks, as well as Therapeutic Event Outings. Our goal is to support the Generalist Providers in meeting the needs of children and their family. We currently have 5 locations located in Tucson, Benson, Sierra Vista, Douglas, Safford and Payson. We offer respite services as needed for families who need that extra help to maintain and regroup.

For more information you can contact Victoria Gonzales in our Medical Records Department at vgonzales@ccsneeds.com or call her directly at (520)240-6692.
Hours: Monday – Friday, 8:00am – 5:00pm / On call staff 24 hours 7-days a week
Program Fees: None
Languages: English/Spanish
Handicap Accessible: Yes

Cenpatico Integrated Care
"Empowering Communities…Inspiring Hope"

Corporate:
333 E. Wetmore Rd., Suite 500
Tucson, Arizona 85705

Sierra Vista:
956 E. Fry Boulevard
Sierra Vista, AZ 85635

Phone: 866-495-6738 **Fax:** 866-528-9921
Website: www.cenpaticointegratedcareaz.com **Facebook:** http://www.facebook.com/CenpaticoAZ
Online Resources: http://www.cenpaticointegratedcareaz.com/for-members/health-education-information/
MyStrength: You can find information on a variety of health topics including:
Behavioral Health Screenings: If you would like to access our anonymous mental health screenings, you can also access those below. We currently have 4-7 screenings available: Depression, Alcohol, Bipolar Disorder, Eating disorders, Generalized Anxiety, Post Traumatic Stress and a Brief Screen for Adolescent Depression. Remember, these are strictly confidential and for your use to help you determine if you should make an appointment with a behavioral health professional. You will not be asked to enter your name and will remain anonymous when you take the screening. You can also print the results to take to your doctor.
Eligibility: Families eligible for AHCCCS as well as people eligible for state only programs and block grant programs in Cochise, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz and Yuma counties.
Intake Process: Contact a Intake and Coordination of Care Agency: **Cochise**

- Arizona Counseling and Treatment Services (ACTS)
- Southeastern Arizona Behavioral Health Services (SEABHS)

Description: Cenpatico Integrated Care (Cenpatico IC) is a new company that joins the best programs and services of Cenpatico Behavioral Health of Arizona and the University of Arizona Health Network. These two health plans bring 25 years collective experience providing behavioral and physical healthcare in greater Arizona to provide the highest level of integrated care to the members we serve.

Cenpatico Integrated Care offers a large network of both behavioral and physical health providers across southern Arizona. Our new company was awarded the southern Arizona Regional Behavioral Health Authority (RBHA) contract that will cover Cochise, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz and Yuma counties, serving families eligible for AHCCCS as well as people eligible for state only programs and block grant programs. This contract is effective on 10/1/2015.

Cenpatico Integrated Care will be offering whole person health care, providing both medical and behavioral services to people who have been designated as having a serious mental illness. Cenpatico Integrated Care firmly believes in recovery and that by treating the whole person, we empower members to improve their lives and be engaged in their community. Cenpatico's programs include support tools to identify and assist members on their road to recovery. This is a process unique to each member and members' are given many choices and supported to create their own unique goals. Cenpatico listens to the voices of our members and the communities we serve to improve lives and help people get healthy.

Hours: Monday – Friday, 8:00am – 5:00pm; after hours services by Nursewise
Customer Care # 866-495-6738 / 24/7 Crisis Line 866-495-6735
Program Fees:
Languages: English/Spanish
Handicap Accessible: Yes

Chamber of Commerce, Southeast Arizona

- Benson/San Pedro Valley Chamber of Commerce - http://www.bensonchamberaz.org/
- Bisbee Chamber of Commerce - http://bisbeearizona.com/
- Bowie Chamber of Commerce - http://bowiechamber.com/
- Douglas Chamber of Commerce, 1149 N. G Ave, Douglas, AZ 85607 - (520) 364-2477
- Pearce/Sunsites Chamber of Commerce - http://www.douglasazchamber.org/
- Sierra Vista Chamber of Commerce - http://sierravistachamber.org/
- Tombstone Chamber of Commerce - http://www.tombstonechamber.com/
- Willcox Chamber of Commerce - http://www.willcoxchamber.com/

Child Care Resource and Referral
2800 E. Broadway Blvd.
Tucson, Arizona 85716
Phone: 800-308-9000 **Fax:** 520-325-8780
Website: www.azchildcare.org
Eligibility: N/A
Intake Process: The intake process is simple, we just need basic information like, location, ages, type of care, hours and days care is needed. Referrals can be mailed, emailed, faxed or given over the phone. Families also receive information to find quality child care.
Description: Families can call the 1-800-308-9000 number to receive free referrals to child care centers, Preschools, afterschool programs, child care home programs, etc.
Hours: Monday – Friday, 8:00am – 5:00pm
Program Fees: N/A
Languages: English/Spanish
Handicap Accessible: Yes

Child and Family Resources, Inc.
1065 F Avenue #4
Douglas, Arizona 86426
Phone: 520-364-5014 **Fax:** 520-364-4042

3965 E. Foothills Drive Suite E-1
Sierra Vista, Arizona 85635
Phone: 520-458-7348 **Fax:** 520-458-7535

Website: http://www.childfamilyresources.org/programs.html
Eligibility: Call for details
Intake Process:
Description/Programs:
Arizona Infant/Toddler Institute (AITI): Child care providers working with infants and toddlers receive comprehensive professional development opportunities and on-site technical assistance at no cost to them. AITI trainings are based on a nationally recognized curriculum (WestEd's Program for Infant and Toddler Care, PITC).

Child Care Food Program/Child Care Food Program Spanish: Family child care providers are reimbursed for nutritious meals served to children in their care. Nutrition training is provided annually.

Child Care Resource & Referral: Child Care Resource and Referral (CCR&R) is a FREE statewide program in Arizona that helps families find high quality child care to fit your families unique needs. CCR&R also provides information about community trainings, resources for child care providers and statistical data for the early childhood community. For more information, or to receive customized referrals to childcare please call toll free 1-800-308-9000 or direct 520-325-5778 or visit our website at www.azchildcare.org

DES Child Care Home Recruitment: This program provides training, technical assistance, and professional development for people who want to become certified child care providers in a home setting for the Arizona Department of Economic Security.

First Steps: First Steps is a program available to all mothers of newborn babies. The program provides support and information over the phone by a trained volunteer until the baby is three months old. There are no prerequisites for entering the program.

Healthy Families: Provides knowledge, resources, and a support network to strengthen family relationships. Participation may start during pregnancy, and families must enroll before the child is three months old. Parents learn about healthy child development and age appropriate expectations. Workshops and in-home visits encourage healthy attitudes and positive parenting techniques.
Hours: Monday - Friday, 8:00am - 4:30pm
Program Fees: FREE
Languages: English/Spanish
Handicap Accessible: Yes

Chiricahua Community Health Centers, Inc.

Douglas Administration/ Business Office 1205 F Avenue Douglas, AZ 85607 520-364-1429 Phone 520-364-4261 Fax	**Jennifer "Ginger" Ryan Clinic** 1100 F Avenue Douglas, AZ 85607 520-364-3285 Phone 520-364-3378 Fax	**Cliff Whetten Clinic** 10566 Highway 191 Elfrida, AZ 85610 520-642-2222 Phone 520-642-3591 Fax
Sierra Vista Administration/Business Office 155 Calle Portal, Ste 100 & 400 Sierra Vista, AZ 85635 520-459-3012 Phone	**Bisbee Clinic** 108 Arizona Street Bisbee, AZ 85603 520-432-3309 Phone 520-364-3378 Fax	**Pediatric Center of Excellence** 815 15th Street Douglas, AZ 85607 520-364-KIDS (5437) Phone 520-805-2986 Fax
Vista Pediatrics 155 Calle Portal, Suite 700 Sierra Vista, AZ 85635 520-459-0203 Phone 520-805-2986 Fax	**Sierra Vista Adult Clinic** 155 Calle Portal, Suite 300 Sierra Vista, AZ 85635 520-459-3011 Phone 520-364-3378 Fax	**Sierra Vista Dental Clinic** 4525Campus Drive Sierra Vista, AZ 85635 520-459-3011 Phone 520-642-3591 Fax
Willcox Clinic 1140 W. Fremont Street Willcox, AZ 85643 520-384-6363 Phone 520-364-3378 Fax	Mobile Clinics serve Douglas, Bisbee & Willcox High Schools Please see website	

Website: http://www.cchci.org/
Eligibility: call for information

Intake Process: call for information
Description: Health Care, Dental Care, Mobile Medical Clinic, Mobile Dental Unit, Integrated Behavioral Health, Dietetics & Care Coordination.
Hours: Monday-Thursday, 7:00am - 7:00pm, Friday 7:00am – 5:00pm, Saturdays 9:00am – 23:00pm, Pediatric Sunday 9:00am – 1:00pm; with selected Holiday hours available.
Program Fees: Chiricahua Community Health Centers, Inc. accepts private insurance, AHCCCS, Medicare as well as a sliding fee scale for eligible individuals. Co-payments and office charges are payable at time of service and can be taken care of with cash, personal check, debit or credit card at most of our clinic locations. Chiricahua Community Health Centers, Inc. always accepts new patients regardless of ability to pay.
Languages: English/Spanish and translations service available
Handicap Accessible: Yes

Cleaning For A Reason
211 S. Stemmons, Ste. G
Lewisville, Texas 75067
Phone: (877) 337-3348
Fax: (972) 316-4138
Website: http://www.cleaningforareason.org/
Facebook: https://www.facebook.com/cleaningforareason
Eligibility: Providing services in cities across United States and in Canada, our maid services take on two patients at a time, each of whom receives one general house cleaning per month for four consecutive months. However, we can't always guarantee there will be an available maid service in your area. Please be sure to fill out the application completely so we may begin the process of matching you with a maid service as soon as possible. If during this process you learn there is no maid services available in your area, please continue filling out the application, so that our system may continue to search for a match.
Once you are matched, you will be asked to provide us with a note from your physician confirming you are in treatment. Upon receipt of that note, you will be notified by the maid service to schedule your first cleaning.
Intake Process: Apply online.
Description: Cleaning For A Reason is a nonprofit organization that serves the United States and Canada. Our mission is to give the gift of free house cleaning for women undergoing treatment for any type of cancer. Our goal is to let these brave and strong women focus on their health and treatment while we focus on, and take away the worry and work of, cleaning their homes– free of charge. We have recruited over 1,200 maid services to donate free housecleaning to women who are undergoing treatment for cancer. Since 2006, our partner maid services have volunteered their time to clean for over 17,000 women – valued at over $5,000,000.
Hours: N/A
Program Fees: Free
Languages:
Handicap Accessible: N/A

Cochise Family Advocacy Center, Inc. aka Lori's Place
214 E. Tacoma Street
Sierra Vista, Arizona 85635
Phone: 520-515-4444 **Fax:** 520-458-1443
Website: www.cochisefamilyadvocacycenter.com

Eligibility: All ages
Intake Process: Through Law Enforcement, Department of Child Safety
Description: all aged individuals involved as a victim of physical or sexual assault, neglect, domestic violence, human trafficking, or exploitation. And any significant others associated with a death or suicide. Our services involve Victim Advocacy from crisis intervention to legal document assistance, court accompaniment, education, and support. We also have a trained forensic interviewer and Sexual Assault Nurse Examiners available as needed.
Hours: Business Hours 9:00am – 5:00pm with on call staff 24 hours/7 days a week
Program Fees: none
Languages: English, can provide for interpreter if needed
Handicap Accessible? Yes

Cochise Health and Social Services
1415 Melody Lane, Bldg. A (Main Office)
Bisbee, Arizona 85603
Phone: 520-432-9400 **Fax:** 520-432-9480

Benson	Douglas	Sierra Vista	Willcox
126 W. 5th St.	1012 N. G. Ave., Ste. 101	4115 E. Foothills Dr.	450 S. Haskell Ave.
Benson, AZ 85602	Douglas, AZ 85607	Sierra Vista, AZ 85635	Willcox, AZ 85643
520-586-8200	520-805-5600	520-803-3900	520-384-7100
520-586-2051 fax	520-364-5453 fax	520-459-8159 fax	520-384-0309 fax

Website: www.cochise.az.gov
Eligibility: Varies
Intake Process: Demographic information and information about insurance if any
Description: See attachment for description of all services offered and all locations
Hours: Monday-Friday, 8:00am – 5:00pm
Program Fees: Vary
Languages: English, Spanish on site, translation service available for other languages
Handicap Accessible? Yes

Services:
Community Used Sharps Disposal Program
Residents may drop off acceptable sharps containers at the following locations Monday – Friday, between 8am and 5pm.: Bisbee, Benson, Douglas, Sierra Vista, and Willcox offices.
Program features:

1. Free used sharps disposal at all CHSS locations, in approved containers.
2. 1 gallon sharps containers available for purchase to all residents at $5 per container for assistance with proper disposal.
3. All program participants are eligible sign up and receive free "Wellness Briefs" and Health Related Newsletters/information from CHSS on a wide variety of chronic diseases and health topics, as well as our services and any upcoming events.
4. Call 520-432-9407, email: sharpsdisposal@cochise.az.gov, or visit us online at www.cochise.az.gov/health-and-social-services/sharpsdisposal

Immunizations for Children & Adults
Immunizations are available for all children 18 and under. Adult immunizations are available at no cost for un-insured and under-insured adults. Flu vaccines are available for insured adults for a fee. Immunizations prevent the occurrence and transmission of vaccine-preventable disease among infants, children and adults. Go to the Immunization Program Schedules link on our webpage or contact us at *publichealth@cochise.az.gov* for the immunizations schedule in your area.

Pregnancy Testing (Free & Confidential)
Pregnancy testing and emergency contraception are available on a walk-in basis. There is no charge for pregnancy testing. Emergency contraception is free to those under age 19 and a $15 charge for all others. Go to the Family Planning Program section of our webpage or contact us at *publichealth@cochise.az.gov* for information on office hours in your area.

Family Planning - Contraception Counseling & Methods
We offer counseling for contraception use and methods as a part of our Family Planning Clinics. Services are offered at no cost people who are un-insured or under-insured and meet the federal poverty guidelines. Individuals with insurance are referred to their PCP for these services. Go to the Family Planning Program section on our webpage or contact us at *publichealth@cochise.az.gov* for information on Family Planning Clinic schedule in your area.

STD Testing and Treatment
STD testing and treatment is available at all sites. Services are provided at no cost to individuals under age 19. Charges for services for those 19 & over include $40 for testing and $10 for treatment. Email us at *publichealth@cochise.az.gov* or contact us at (520) 432-9400 for information on when testing is offered in your area.

HIV Testing & Education
The HIV Prevention Services Program offers confidential HIV antibody testing at no cost to all Cochise County residents age 13 and older. We also provide information and referral services to HIV infected individuals, their families and significant others. All HIV testing sessions are in accordance with Arizona Department of Health Services HIV-CTR policies and procedures and the most recent version of CDC HIV-CTR Standards and Guidelines. Email us at *publichealth@cochise.az.gov* or contact us at (520) 432-9400 for information on when testing is offered in your area.

Tuberculosis Screening & Control
Tuberculosis Skin Test Screenings (PPD) are conducted weekly, for $25. X-rays are available for a positive PPD with no x-ray in the past month - a small fee may apply. Follow-up surveillance TB Clinics are utilized to detect and monitor TB Disease. All Cochise County residents are eligible. See the TB Program section of our webpage or contact us at *publichealth@cochise.az.gov* for information on TB & PPD Testing in your area.

Office of Vital Records
We provide certified copies of birth certificates for persons born in Arizona. Cochise Health & Social Services' Office of Vital Records in Sierra Vista and Bisbee also provide certified copies of death certificates. We are able to access most years in electronic or imaged records, please ask for availability.
Locations:
Sierra Vista: 4001 E. Foothills Drive **Phone**: 520-803-3925
Bisbee: 1415 Melody Lane, Bldg. A (Mondays) **Phone**: 520-432-9400
Douglas: 1012 G Ave (Thursdays) **Phone**: 520-805-5600
Office Hours: Monday - Friday: 9:00am -12pm & 1:30pm - 4:00pm
Email: *vitalrecords@cochise.az.gov*

Environmental Health Programs **Email:** *envhealth@cochise.az.gov*

To ensure a safe and healthy environment for the residents of Cochise County, the Environmental Health Division (EHD) provides many services to the general public and the regulated community. These services are summarized in the following programs. Visit the program's webpage for more detailed information and fee schedule:

- **Food Safety** – EHD provides education and routine inspections of a variety of food facilities in the County. Reports of food borne illness are promptly investigated.
- **Recreational Health** - To ensure the safety of public and semi-public swimming pools EHD provides education and routine sanitary inspections of these facilities.
- **Public Accommodations** - EHD ensures proper sanitation of hotels/motels/B&Bs and trailer/RV parks by conducting routine inspections.
- **Vector Contro**l - Provides surveillance and public education of insects and animals that could pose public health threats.
- **Complaints** - EHD investigates citizen complaints and nuisance situations to ensure a safe and healthy environment for all residents.
- **Smoke Free Arizona** - In conjunction with AZDHS, EHD provides complaint investigation services of Proposition 201.

WIC (Women, Infants & Children Supplemental Nutrition Program)

WIC is a special supplemental nutrition program for pregnant and postpartum, infants and children up to age 5. Services include a complete nutritional assessment to determine health risks, individualized food packages, nutrition education and counseling, and referrals to other pertinent programs.

Our healthy food packages provide foods such as:

- Fresh fruits & vegetables
- Whole wheat bread/brown rice/soft corn tortillas
- Whole grain cereals
- Milk/soy and goat milk/lactose-reduced milk
- Cheese/tofu
- Eggs
- 100% fruit juice
- Tuna/salmon/sardines
- Beans/peanut butter
- Baby food jarred and infant cereal

Breastfeeding women are provided with Peer Counseling /Services for support. Pregnant and post-partum women, infants and children up to age five are screened and assessed as to their nutritional risk, income level and residency**.** Peer Counseling /Services for support. **Services are FREE for families under 185% of Federal Poverty level**. *Call 520-432-9469 or contact us at nutrition@cochise.az.gov.*

Maternal & Child Health Home Visiting

Trained Community Health Workers and/or Parent Educators guide women through their pregnancy and the first three years of a child's life using evidence-based home visitation curriculum bringing program services to the family as needed, including:

- Developmental screening and assessment known as "Ages and Stages" completed on infants and children to determine the need for further evaluation of special needs that the child may have.
- Depression assessment to determine if client may need further assistance beyond dealing with the "baby blues."
- Fetal Alcohol Syndrome assessment on each new client to determine if further evaluation or support is needed.
- Home safety assessments to determine the security needs for the home of a newborn/child.
- Lay counseling on a variety of maternal child health issues and needs and referrals to other programs as needed.
- The program also offers prenatal classes and play groups in clients' neighborhoods.

Home Visiting services are FREE to the public. *To make a referral call 520-803-3923 or contact us at homevisiting@cochise.az.gov*

Teen Pregnancy Prevention Services
Trained Health Educators provide evidence-based prevention curriculum upon request by schools, youth programs and other venues. All curricula emphasize the importance of healthy lifestyles by providing teens with the knowledge to make informed decisions. All components provide an abstinence-based message. We also offer an Active Parenting workshop to parents of teens which assist parents on how to talk to teens about various teen issues. There is no charge for our services. *To schedule a class at your site, contact us at healthyliving@cochise.az.gov*

Tobacco Prevention Services
Our trained Health Educators work with youth, adults, health care organizations and businesses to educate for and encourage policy change to support tobacco cessation:

- We provide education and training for health care organizations and businesses to implement an ASHLine referral process in their organization. ASHLine is the Arizona Smokers' Helpline which provides *FREE* smoking cessation coaching & NRT.
- We have a county-wide Youth Coalition which promotes tobacco prevention messaging to youth peers, focuses on community-wide policy change to reinforce tobacco cessation and assists at school and community events.
- We partner with the Attorney General's Office and trained youth to conduct compliance checks to reduce tobacco sales to minors.
- We provide a 2-hour Retailer Education training for tobacco vendors about the laws regarding tobacco sales to minors.
- We provide Youth Tobacco Diversion Trainings at schools and juvenile courts.

There is no charge for our services. *To make a referral contact us at healthyliving@cochise.az.gov*

Healthy Living Classes (The Chronic Disease Self-Management Program)
This program is a series of 6 FREE workshops that help individuals or their care givers manage their chronic illnesses. Anyone with a chronic condition such as diabetes, arthritis, heart disease, asthma, or any other on-going health condition can participate.
Contact us at healthyliving@cochise.az.gov to find out our workshop schedule.

Worksite & School Wellness
We provide technical assistance and training to businesses to implement their own worksite wellness program and we partner with schools to assist with the implementation of the SHI/SHAC/SHIP process. There is no charge for our services. *To make a referral contact us at healthyliving@cochise.az.gov*

Cochise Serving Veterans (CSV)
Contact: 2015 Chair Samantha Bivens
Phone: 520-318-6866 **Fax:** N/A
Email: Samantha.Bivens2@redcross.org
Facebook: https://www.facebook.com/CCStandDown?ref=hl
Eligibility: Veteran of the US Military to receive services.
Intake Process: CSV Membership is free; one does not have to be a Veteran to join. Veterans seeking financial aid must complete and consent to a Financial Application Process.
Description: Through a collaborative effort, CSV provides outreach, networking, and referral services addressing employment, financial, medical, housing, and moral support needs of US Military, Veterans

and their families. We are members of federal, state, local and private agencies and individuals who serve those who have served. Our goal is to end homelessness in our Veterans and enabling Veterans-in-need to achieve independence and self-sufficiency. Responsible for organizing and executing Nationally-sanctioned StandDown events for homeless and at-risk for homelessness Veterans and their family members.
Hours: Monday – Friday, 8:00am – 5:00pm / Excluding Federal Holidays. **General Meetings** are the Second Tuesday of every month, baring holidays and extenuating circumstances. Call to get on the mailing list to keep up-to-date on meeting time and places.
Program Fees: None
Languages: English
Handicap Accessible: Yes

Community Bridges, Inc. (CBI)
Administration Office- 1855 W. Baseline Rd. Suite 101
Mesa, Arizona 85202
Phone: 480-831-7566 Monday – Friday (8am -5pm) / 24/7 Access to Care Line- 877-931-9142
Website: www.CommunityBridgesAZ.org
Facebook: https://www.facebook.com/communitybridgesaz
Description: Community Bridges, Inc. (CBI) is a private non-profit, 501(c)(3) organization that provides comprehensive, medically integrated behavioral health programs which include prevention, education and treatment services using cutting edge, nationally recognized treatment models throughout Arizona. CBI offers fully integrated medical and behavioral health care facilities in 14 communities in Maricopa, Pinal, Gila, Yuma, Navajo, Apache and Cochise Counties by providing a continuum of care that begins with prevention and continues for individuals and families through treatment and recovery. During the past five years, CBI has transformed recovery of those we serve holistically and more effectively, by delivering direct physician and nurse practitioner services, both on-site in Maricopa County, and through telemed to each of our service locations throughout Arizona.

Facilities are available in Cochise, Gila, Pinal and Yuma Counties:

Benson Desert Sunrise 24/7 Police Drop-Off, Brief Intervention Services & Residential 470 S. Ocotillo Ave Benson, AZ 85602 520.586.6171	**Globe** Stabilization and Recovery Unit & Outpatient 5734 E. Hope Lane Globe, AZ 85501 **928.425.2415 or 1.888.425.2415**
Benson SRU Stabilization and Recovery Unit 646 W. Union Street Benson, AZ 85602 520.586.9543	**Payson** Stabilization and Recovery Unit & Outpatient 803 W. Main Street Payson, AZ 85541 **928.468.0022 or 1.877.468.0022**
Casa Grande *Stabilization and Recovery Unit & Outpatient* *675 E. Cottonwood Lane* *Casa Grande, AZ 85122* 520.426.0088	**Yuma Lighthouse** Residential, Outpatient & 24/7 Police Drop-Off 3250B & C – E. 40th Street Yuma, AZ 85365 **928.341.4220**

On Site Support
24/7 EMT on Duty
Peer Support Services
24/7 RN Services
MD and NP services available, as needed

Program
Drug/Alcohol Abuse Treatment
Mental Health Treatment
Referrals for continued sobriety upon discharge
Coordination with Intake Provider

Eligibility:

- Voluntary for services
- 18 years of age & older
- Presenting with any substance use
- Presenting with any mental health symptoms

Intake Process: CBI clinical facilities are open 24/7. Walk-in's welcome but we can provide additional information to those that call ahead. Transportation is only available within a 50-mile radius.
Hours: 24/7/365
Program Fees: Call for details. CBI accepts AHCCCS, Private Insurance, and Medicare. Our intake staff can also assist individuals who have no insurance.
Languages: English/Spanish. Translation services for additional languages available upon request.
Handicap Accessible? Yes

Community Intervention Associates, Inc.
1326 Hwy. 92, Suite J
Bisbee, Arizona 85603
Phone: 520-366-3603/**Toll Free:** 877-320-1587/**Fax:** 520-432-3678
1701 North Douglas Avenue
Douglas, Arizona 85607
Phone: 520-366-3133/**Toll Free:** 877-320-1587/**Fax:** 520-364-2770
Website: http://www.ciayuma.com/
Eligibility:
Intake Process:
Description: We are licensed by the Arizona Department of Health Services, Office of Behavioral Health Licensure to provide outpatient behavioral health treatment services. We are also a provider of Certified DUI Screening, Education, and Treatment services, and Certified Misdemeanor Offender Domestic Violence Counseling services. CIA is a Certified AHCCCS provider and a contracted network provider for Cenpatico Behavioral Health Services of Arizona.

- Individual & Family Services
- Psychiatric Health
- 24hr Crisis Center
- Road to Recovery
- Meet Me Where I Am (MMWIA)
- Integrated Health Services

Hours:
Program Fees:
Languages: CIA offers services in English and Spanish. CIA provides translation services for all other languages based on eligibility.
Handicap Accessible? Yes

Corazón Integrated Healthcare Services
936 F. Avenue, Suite B
Douglas, Arizona 85607
Phone: 520-364-3630 **Fax:** 520-364-2565
Website: http://www.chaposcorazon.com/
Eligibility: Any individual (Youth or Adult) with AHCCCS and special funding for substance abuse population with no AHCCCS, and special funding for youth that qualify with no AHCCCS.
Intake Process: In person or phone referral, intake appointment within 7 working days and immediate access to services upon completion of intake.
Description: We offer Outpatient Behavioral Health Programs for youth and adults.
Hours: Monday – Friday, 7:00am – 6:00pm, Saturday by appointment only, Tuesday & Thursday open till 7:00pm
Program Fees: Any individual with AHCCCS no out of pocket. Special funding for substance abuse population with no AHCCCS no out of pocket, and special funding for youth that qualify with no AHCCCS no out of pocket. Available sliding fee scale and self-pay for services.
Languages: Corazón offers services in English and Spanish. Corazón provides translation services for all other languages based on eligibility.
Handicap Accessible? Yes

DES - Child Care Administration
820 E. Fry Blvd.
Sierra Vista, Arizona 85635
Phone: 520-459-7128 **Fax:** 520-459-0783
207 Bisbee Road
Bisbee, Arizona 85603
Phone: 520-432-5313 **Fax:** 520-432-5644
256 S. Curtis Avenue
Willcox, Arizona 85643
Phone: 520-384-4616 **Fax:** 520-384-4347
595 S. Dragoon Street
Benson, Arizona 85602
Phone: 520-586-8351 **Fax:** 520-586-8317
615 Second Street
Douglas, Arizona 85607
Phone: 520-364-7806 **Fax:** 520-364-1239
Website: www.azdes.gov
Eligibility: Families are determined eligible for child care assistance base on their gross monthly income and their need for child care.
Intake Process: An application is completed and an intake interview is conducted. If a family is determined elgible they have the option of choosing a DES certifed home or in-home child care provider, a DHS licensed child care center or child care group home, or they may choose certain non-certified relatives to provide child care.
Description: DES Child Care Administration provides assistance to eligible families with child care costs, while the parents participate in employment, specific education and training activities relating to employment, or in certain circumstances where the parent is unavailable or unable to provide care for a portion of a 24 hour day. DES/CCA also certifies and contracts with small family child care homes, contracts with DHS licensed child care centers and group homes, and non-certified relative providers to provide child care services to eligible families.
Hours: Monday – Friday, 8:00am - 5:00pm, closed on designated state holidays
Program Fees: Eligible families are responsible for paying the difference between what their chosen child care provider charges, and what DES pays the provider. Co-pays may also apply, depending on the eligibility program the family qualifies for.
Languages: Translation services available
Handicap Accessible: Yes

DES – Adult Protective Services (APS)
Website: www.azdes.gov
Eligibility:
Intake Process:
Description: The Division supports at-risk Arizonans to meet their basic needs and to live safely, with dignity and independence. We accomplish this mission through a number of programs and initiatives:

- Help for older Arizonans and their caregivers
- Assistance for refugees resettling in Arizona
- Support for victims of domestic violence
- Options for people who are homeless or near homeless
- Protective services for adults who are being abused, neglected and/or exploited
- Services to prevent eviction and loss of utility and telephone services
- Information for community partners and DAAS contractors
- Councils, Commissions and special initiatives
- Plans, reports, statistics and publications

You can report abuse, neglect, and exploitation of Arizona's vulnerable or incapacitated adults 24 hours a day, seven days a week via two methods:

1. Our statewide toll-free telephone reporting line is available: Central Intake Unit at (877) 767-2385. **Monday-Friday 7 a.m. - 7 p.m. / Sat-Sun 10 a.m. - 6 p.m.**
2. Our Online Report is available 24 hours a day, 7 days a week.

Hours: Monday - Friday, 8:00am - 5:00pm, closed on designated state holidays
Program Fees:
Languages: English/Spanish
Handicap Accessible: Yes

DES - Department of Child Safety (DCS)

Description: DCS Guiding Principles

- Children need safe, strong families to succeed in life.
- Child safety, permanency and well-being are our top priorities.
- Families have the primary responsibility for raising their children.
- Families should be treated with respect, valuing their strengths, their culture and their involvement in decisions that affect them and their children.
- Prevention is paramount, and all actions should focus on improving family situations.
- Children belong with families-their own, when safe to do so and when it is not, with a safe, permanent family as soon as possible.
- The community must be a partner in supporting and strengthening both birth families and resource families.

DES - Division of Developmental Disabilities (DDD)
Website: https://www.azdes.gov/ddd/
Eligibility: DDD supports individuals with the following diagnoses: Cerebral Palsy; Epilepsy; Autism; and Cognitive/Intellectual Disability.

- Infants and Toddlers under age 6: Must have a developmental disability or exhibit significant delay in one or more areas of development that could lead to a developmental disability.
- Age 6 – Adult: A person must voluntarily apply, be an Arizona resident, and be diagnosed with a developmental disability which was manifested before the age of 18 and is likely to continue indefinitely.

Intake Process: The Arizona Early Intervention Program (AzEIP) is Arizona's statewide, interagency system of supports and services for infants and toddlers with developmental delays or disabilities and their families. AzEIP partners with community providers to support families.

AzEIP Online Referral https://www.azdes.gov/azeip

Or
AzEIP Central Referral Line
Local: 602-635-9799
Spanish/English: 602-635-9810
Toll-Free: 888-592-0140
Email Address: AzEIP.Info@raisingspecialkids.org
Or
Dynamite Therapy, LLC
Liz Keeler
phone: 480-419-0848
Toll Free: 1(844) 330-8600
fax: 480-538-5258
email: referrals@dynamitetherapy.com
Description: DDD supports individuals with the following diagnoses: Cerebral Palsy; Epilepsy; Autism; and Cognitive/Intellectual Disability.
Hours: Monday - Friday, 8:00am - 5:00pm, closed on designated state holidays
Program Fees: None
Languages: Interpreters Available through the Department of Economic Security
Handicap Accessible: Yes

DES – Nutrition Assistance (NA)
Benson: 595 S. Dragoon Street, Benson, Arizona 85602
Phone: 520-586-8300 **Fax:** 844-680-9840
Bisbee: 207 Bisbee Road, Bisbee, Arizona 85603
Phone: 520-432-5415 **Fax:** 844-680-9840
Douglas: 615 Second Street, Douglas, Arizona 85607
Phone: 520-364-1291 **Fax:** 844-680-9840
Sierra Vista: 820 E. Fry Blvd., Sierra Vista, Arizona 85635
Phone: 520-459-6901 **Fax:** 844-680-9840
Willcox: 256 S. Curtis Avenue, Willcox, Arizona 85643
Phone: 520-384-3583 **Fax:** 844-680-9840
Website: https://www.azdes.gov/nutrition_assistance/

Eligibility: Eligibility is based on the household's resources, income and other requirements such as residence, citizenship or qualified non-citizen status, and cooperation with the Supplemental Nutrition Assistance Employment & Training program. You may view our benefits chart or use the benefits estimator at www.arizonaselfhelp.org.
Intake Process: The same application is used to apply for Cash Assistance, AHCCCS Health Insurance (Medical Assistance) and Nutrition Assistance (formerly the Food Stamp Program).
Step one: Gather information needed to apply
Step two: Complete an application for benefits
Step three: Turn in your application
For Cash Assistance and Nutrition Assistance, you will be contacted for an Eligibility Interview (also called a fact-finding interview). For all programs, if any additional information is needed, you will be contacted by telephone or mail. You will receive your eligibility decision by mail.
Description: In 2008, the U.S. Congress changed the name of the Food Stamp Program to the Supplemental Nutrition Assistance Program (SNAP). Arizona's program name is Nutrition Assistance (NA).
It helps to provide healthy food to low-income families with children and vulnerable adults. In addition, the term "food stamps" is outdated, since DES replaced paper coupons with more efficient electronic debit cards.
Hours: Monday - Friday, 8:00am - 5:00pm, closed State Holidays unless otherwise stated.
Program Fees: N/A
Languages: English/Spanish
Handicap Accessible: Yes

DES - Vocational Rehabilitation Services
Benson: 595 South Dragoon Street, Benson, Arizona 85602-6967
Phone: (520) 586-8330 / **Fax:** (855) 630-6874 / Toll Free: 1-877-402-8800
Douglas: 1140 F Avenue, Douglas, Arizona 85607-1919
Phone: (520) 364-4446 / **Fax:** (855) 630-6874 / Toll Free: 1-800-670-2028
Sierra Vista: 1843 Paseo San Luis, Sierra Vista, Arizona 85635
Phone: (520) 458-9309 / **Fax:** (855) 630-6874
Website: www.azdes.gov/RSA/
Eligibility: An applicant's eligibility for VR Services is based on the following 4 requirements.

1. Have a documented disability
2. Have substantial impediments to employment due to their documented disabilities
3. Have the potential and desire to become employed
4. Need VR Services in order to become employed.

Intake Process: There are several ways you can get started:

1. Direct Contact with the local RSA office: Individuals may call or visit the office nearest them to inquire about VR services or set up an appointment. You will be asked to complete an RSA Referral Form
2. Complete and submit a referral form online at **www.azdes.gov/rsa/**

Description: Vocational Rehabilitation (VR) provides a variety of services to individuals with disabilities in order to assist individuals to gain, maintain, or retain employment. VR is a public, eligibility program administered through the Rehabilitation Services Administration which is part of the Arizona Department of Economic Security.
Hours: Monday - Friday, 8:00am - 5:00pm, closed on designated state holidays
Program Fees: 0
Languages: English/Spanish

Handicap Accessible: Yes

DIRECT Center for Independence (Southern Arizona)
1001 N. Alvernon Way
Tucson, AZ 85711-1019
Phone: 520-624-6452 **Phone:** 1-800-342-1853 **FAX:** 1-520-792-1438
V/TTY: (520) 624-6452 or (800) 342-1853
Website: www.directilc.org
Description: DIRECT Center for Independence, Inc. is a consumer-directed, community-based advocacy organization that promotes independent living, and offers a variety of programs for all people with disabilities, which encourages them to achieve their full potential and to participate in the community.
Programs:
Say So of Southern Arizona – Advocacy in Action
Say So of Southern Arizona This new program is designed to improve the effectiveness and sustainability of self-advocacy groups for people with developmental disabilities in Pima, Santa Cruz, and Graham counties.
Benefits 2 Work Arizona
Work and Disability Benefits – If you are receiving Social Security Disability benefits and have a specific work goal, are working or have a job offer, we can help you understand how earned income will affect your cash, medical and other benefits. We can inform you about work incentives that can ease your transition to work and help you understand and navigate Social Security related work rules. Our Certified Work Incentive Coordinators have knowledge of Social Security, Medicare, AHCCCS and other government programs.
Information & Referral
Information and Referral shares information regarding all current DIRECT programs as well as services and resources available in the community for people with disabilities. Resources are explored and reviewed with the individuals who may have been impacted by some barrier in their life. The information and Referral Specialist can help by providing self-sufficiency through needed resources.
Independent Living Skills
The Independent Living Skills program is designed for individuals with disabilities to develop and enhance their independence. Consumers can express their abilities through a wide range of activities while learning new skills.
Peer Support
What is Peer Support? "Peer Support empowers consumers to create positive change in their lives. The Peer Support program is conducted in an atmosphere of mutual respect, privacy, and confidentiality. Goals are defined by the values and choices of the consumer. The Peer Support Specialist offers support through non-judgmental listening and understanding."
Home Access Program
The Home Access Program (HAP) at DIRECT provides home modifications for the elderly and persons with disabilities with the goal of increasing the safety, accessibility and independence in the home.
This is MY Life (TIML)
This is MY Life (TIML) teaches self-determination and self-advocacy skills to Members of Arizona's Division of Developmental Disabilities (DDD) who are 16 years or older.
Money Management
Money management is available to people with disabilities as a way to gain control and understanding of their finances. Specific goals are developed by the consumer, in accordance with Independent Living Philosophy. Currently, classes are done one on one in order to accommodate individual learning styles and personal objectives.

Hours: call for hours
Program Fees:
Languages: English/Spanish
Handicap Accessible? Yes

Easter Seals Blake Foundation
55 S. 5th Street
Sierra Vista, Arizona 85635
Phone: 520-452-9784 **Cell:** 520-419-7051 **Fax:** 520-452-0814
Website: http://www.easterseals.com/blakefoundation/
Facebook: https://www.facebook.com/cochiseparentsasteachers

Easter Seals Blake Foundation - Cochise Parents As Teachers
Eligibility: Families with children prenatal through age 3 residing in Cochise County
Intake Process: Families may request program information in person, via telephone, email, recruitment postcard, website or Facebook page. Service provides may also submit a referral with the permission of the family. A Certified Parent Educator will contact the family to explain the program in more detail and set up an initial home visit with the family. Enrollment paperwork is completed during the initial visits.
Description: Cochise Parents as Teachers provides information, support, and encouragement to families with young children. Program components include:
(1) Personal Visits focused on parent-child interaction, development-centered parenting, and family well-being.
(2) Screenings for hearing, vision, health, and development.
(3) Group Connections for families to build social connections and learn from each other.
(4) Resource Network to connect families to additional services if needed.
By partnering, facilitating, and reflecting with families, Parent Educators support the development of strong communities, thriving families, and children who are healthy, safe, and ready to learn.
Hours: Home visits are scheduled at times convenient to the families to including early morning, evening, and weekend visits.
Program Fees: Free
Languages: English/Spanish
Handicap Accessible? Yes

Easter Seals Blake Foundation - New Visions for Families
Phone: 520-452-9784 x 1013 **Fax:** 520-452-0814
Eligibility: Children ages birth through five years old (until 6th birthday), enrolled with behavioral health
Intake Process: Child's parent or guardian enrolls child with behavioral health intake agency and asked for services through New Visions be added to Individual Service Plan. Behavioral health intake agency will make referral to New Visions for services.
Description: Provides mental health counseling, behavioral guidance, case management and assessments to the birth through five population and their caregivers (parents, foster parents, grandparents, etc.) to help the child develop healthy attachments and recover from trauma and other disruptions, through a relationship based practice. Incredible Years parenting groups are also available.
Hours: Monday - Friday, 8:00am – 5:00pm; additional hours by appointment
Program Fees: none with AHCCCS

Languages: Spanish, though others are available if needed, including sign language
Handicap Accessible? Yes

Easter Seals Blake Foundation - Newborn Intensive Care Program (NICP)
Phone: 520-452-9784 ext.1012 **Cell:** 520-419-7320 **Fax:** 520-452-0814
Eligibility: Available to families and their infants who; are sick at birth and need an intensive or special care nursery of more than 120 hours, are discharged home from hospital and are readmitted to an intensive or special care nursery within 96 hours of birth, and/or selected by special request by Program Contracted Neonatologist or Perinatologists.
Intake Process: Contact Lorena Nevarez at 520-452-9784 ext. 1012 for more information regarding NICP services.
Description: NICP is a statewide system of specialized care and follow-up for infants who need to spend time in the newborn intensive care unit because they are born premature or are sick. This program is funded by State of AZ to ensure that all sick newborns in Arizona have access to the care that they need.
Hours: Monday – Friday, 8:00am - 5:00pm
Program Fees: None
Languages: English and Spanish; Translations services provided for other languages
Handicap Accessible? Yes

Easter Seals Blake Foundation - Parent-Tot Playgroup
Phone: 520-452-9784, x1025 **Fax:** 520-452-0814
Eligibility: Children birth to 4 years old
Intake Process: Call 452-9784 x1025 to make a reservation
Description: Socialization and playtime for children birth to four.
Hours: Tuesdays, 10:00am - 11:30am
Program Fees: Free
Languages: N/A
Handicap Accessible? Yes

Easter Seals Blake Foundation - Quality First
Phone: 520-452-9784, x1020 **Cell:** 520-307-7837 **Fax:** 520-452-0814
Eligibility: Participants must provide care to children from birth through age five and these early childhood programs must be regulated and in good standing with Arizona Department of Health Services or Department of Economic Security or Tribal Authority or Military Government.
Intake Process: Visit www.azftf.gov/qualityfirst and select the Quality First logo to learn more or apply. Applicants may submit the application online, by mail, or by fax. Call 602-771-5000 or 1-877-803-7234 to request an application by mail.
Description: Quality First is Arizona's voluntary quality improvement and rating system for early care and education programs serving children from birth through age five. It is designed to improve the quality of early care and education so young children can begin school safe, healthy and ready to succeed.
Hours: Monday – Friday, 8:00am - 5:00pm
Program Fees: None
Languages: English, Spanish, and will accommodate for other languages.
Handicap Accessible? Yes

Echoing Hope Ranch
8344 S. Hereford Rd., Hereford, Arizona 85615
Mailing Address: PO Box 4471, Bisbee, Arizona 85603
Phone: 520-508-2087
Website: www.echoinghoperanch.org
Email: info@echoinghoperanch.org
Eligibility: Individuals with developmental disability specializing in providing services to individuals with autism. Contracted with the Division of Developmental Disabilities as a qualified vendor for services.
Intake Process: Call, email, text or submit an initial inquiry on our website at www.echoinghoperanch.org. Once an inquiry is made, the individual will be contacted to discuss the possibility of services and if it appears to be a good match, a formal intake for services will be scheduled with a service coordinator and the individual and/or family.
Description: Echoing Hope Ranch (EHR) provides growth, discovery and lifelong learning opportunities for individuals with autism and other developmental disabilities. EHR is contracted with the Division of Developmental Disabilities (DDD) so the majority of services, including residential, employment, day program, and in-home respite and habilitation can be funded through DDD. Other non-DDD funded services are currently under development including a Lego Club and Cycling for All. These programs will be available to all people with disabilities as well as individuals wishing to volunteer.
Hours: Varies by service.
- Residential 24 hours a day, 7 days per week, 365 days per year
- Day program - Monday - Friday from 8am - 4pm
- Employment programs - vary by employer specifications for the job.
- In-home Respite and Habilitation - vary by the needs of the clients

Program Fees: Varies with the program from free to a small fee-for-service. Payment from DDD is accepted
Languages: English/Some Spanish
Handicap Accessible: Yes

First Things First – Cochise
Melissa Avant, Regional Director, Cochise
Email: mavant@azftf.gov
Phone: 520-378-3280 **Fax:**
Website: www.azftf.gov
Eligibility: First Things First supports ALL children from birth to five.
Intake Process: Contact each agency we fund to find out how to access services.
Description: The Cochise Regional Council partners with our community to promote or enhance school readiness for children in our area. We do this by:

- funding early education, health and family support programs that give families options when making choices about their young child's education and development.
- coordinating and collaborating with service providers and community organizations to create an early childhood system that meets the diverse needs of children birth to 5 in our community; and,
- building awareness among community leaders and policymakers on the need to invest in young children for the long-term success of our community and our state.

Parents As Teachers:
Easter Seals Blake Foundation (Sierra Vista)
520-452-9784 x12
Cochise Health & Social Services (County)
520-803-3900

520-432-9400
Home Visitation: Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.
Birth to Five Helpline: Helps families with young children get free answers to their toughest parenting questions.
Southwest Human Development
1-877-705-KIDS (5437)
Oral Health: Decreases preventable oral health problems in young children.
UA Cooperative Extension – First Smiles
520-458-8278 x2211
Early Learning Resources for finding quality child care and preschool programs.
Quality First Child Care Scholarships Provides scholarships to children to attend quality early care and education programs.
Quality First qualityfirstaz.com
Hours: N/A
Program Fees: N/A
Languages: English/Spanish
Handicap Accessible: N/A

Fort Huachuca Army Community Service (ACS)
Smith Avenue, Building 50010
Fort Huachuca, Arizona 85613
Phone: 520-533-2330 **Fax**: 520-533-3778/6875
Website: http://www.huachuca.army.mil/pages/acs/
Facebook: Fort Huachuca Army Community Service (ACS)
Eligibility: Service Members and their Families and Civilian Employees
Intake Process: Call to make an appointment preferred or walk-in.
Description: The mission of the ACS center is to facilitate commander's ability to provide comprehensive, coordinated, and responsive services that support readiness of Service Members, civilian employees and Families. Maximize technology and resources, adapt to unique installation requirements, eliminate duplication in service delivery, and measure service effectiveness.
Hours: Monday – Wednesday, Friday, 8:00 am to 4:30 pm / Thursday, 10:00 am to 4:30 pm
Program Fees: None
Languages: English/Spanish
Handicapped Accessible: Yes
Programs Available:

- **Army Emergency Relief (AER)**

Assistance is provided in the form of interest-free loans, grants or a combination of both during time of emergency to relieve distress of Soldiers and their Family members. AER offers scholarships for dependent children through the web site www.aer.hq.org

- **Army Family Action Plan (AFAP)**

A grassroots-level process that identifies issues of concern of the global Army Family. AFAP is an annual conference that allows everyone in the Army the opportunity to influence his/her own quality of life and standard of living.

- **Army Family Team Building (AFTB)**

An Army-wide program for all Family Members associated with the military. Classes are available at ACS or online at myarmylifetoo.com. There are three levels of classes: Level I: the basics of military life to include entitlements & benefits, impact of the mission, acronyms, customs and courtesies, etc. Level II & III: self-enhancement. Perfect for the FRG volunteer. Classes include conflict resolution, personality traits, time management, etc.

- **Army Volunteer Corps (AVCC)**

The Army Volunteer Corps is a central point of contact for those wishing to volunteer in the community. Volunteering offers job skills, training, references and networking opportunities. Volunteers may earn certificates of appreciation, Military Outstanding Volunteer Service Medals (MOVSM), etc.

- **Employment Readiness Program (ERP)**

Employment Readiness is intended to maximize opportunities for initial and continued employment by providing employment counseling, job information, skills training, and referral services. The ERP is intended to assist Service Members, Family Members, retirees, as well as DOD civilians.

- **Exceptional Family Member Program (EFMP)**

Is a mandatory enrollment program that coordinates with military and civilian agencies to provide community support, housing, education, medical and personnel services to Families with special needs. The special need could be physical, emotional, developmental, or intellectual. Examples of special needs are: asthma, allergies, diabetes, epilepsy, hemophilia, limited mobility, language difficulties, depression, or developmental delays. The program also offers systems navigation services for community resources.

- **Family Advocacy Program (FAP)**

The Family Advocacy Program is designed to preserve Family wellness through prevention. Prevention is accomplished through awareness, education and support. These goals are achieved through distribution of written material, support groups and classes. Unit presentations may be arranged to meet group specific requirements.

  - Domestic Violence Program / Child Abuse Prevention
  - Sexual Assault Prevention / Family Violence Prevention
  - Victim Advocacy & Transitional Compensation

- **New Parent Support Program (NPSP)**

This voluntary program provides educational and supportive services and in-home services to military families with children up to three years old, including Families who are expecting a baby. Focusing on Family support, NPSP attempts to increase Family well-being through community education and the promotion of healthy Family functioning.

- **Survivor Outreach Services (SOS)**

SOS is a multi-agency approach to delivering servicers to survivors. SOS will allow the Army to better identify the needs of others touched by the loss of a Soldier. The SOS Mission is to expand and improve services to Survivors.

- **Information, Referral and Follow Up (IR&F)**

IR&F provides ready access to information that will assist Service Members and their Families in meeting needs and improving quality of life. It also establishes and maintains cooperative relationships with private, public, military and volunteer information and referral agencies.

- **Financial Readiness Program**

The Financial Readiness Program educates Service Members, Family members, and the Fort Huachuca community about their consumer rights. Financial assistance is given in spending plans, budgeting, debt liquidation, credit concerns, security clearance concerns, Family Supplemental Subsistence Allowance, Service Members Civil Relief Act, etc. Unit training is available, as well as one-on-one appointments.

- **Mobilization and Deployment**

The Mobilization Deployment Specialist will support the Deployment and Mobilization mission by assisting the command, Service Members and their Families throughout the deployment cycle. Unit training as well as one-on-one assistance is available. Areas of assistance include, but are not limited to: Rear Detachment Training, pre-deployment, post deployment, reunion workshops, Family Care Plan Assistance, Operation R.E.A.D.Y. training, Family Readiness Group training and assistance, and Family "survival" strategies throughout the deployment cycle.

- **Relocation Readiness Program (RAP)**

RAP will assist in easing the burden of moving. Assistance offered; official installation packets, welcome packets, Lending Closet, overseas briefings, sponsorship training, and various resources.

- **Outreach Coordinator**

The Outreach Coordinator serves as a link between the military community and ACS, providing a visible subject-matter expert on Family support issues and services. The OC is responsible for effective synchronization and enhancement of program milestones to promote strategies, training and formulation of networks to work with the community.

Fort Huachuca - US Army Suicide Prevention Program Manager
22414 Christy Rd.
Fort Huachuca, Arizona 85613
Phone: 520-538-1287 **Fax:** 520-533-5492
Website: N/A
Eligibility: N/A
Intake Process: N/A
Description: Promote Suicide First Aid and Prevention Models / Training for the Prevention of Suicidal Behavior.
Hours: Monday – Friday, 7:00am – 4:00pm
Program Fees: none
Languages: English
Handicap Accessible? Yes

4P Project
Mailing: 2160 E Fry Blvd., Suite C-5, PMB #220
Sierra Vista, Arizona 85635
Phone: N/A **Fax:** N/A
Contact: Stephanie Ransom

Email: sransom@4pproject.org
Website: www.4pproject.org
Eligibility: N/A
Intake Process: N/A
Description: 4P Project provides community awareness seminars and industry specific trainings on the subject of Human Trafficking and Sex Slavery.
Hours: N/A
Program Fees: Donations are welcome and Fees are minimal for industry specific trainings
Languages: English-We can provide Spanish interpreter for a fee.
Handicap Accessible? N/A

Hope, Inc. – Warm Line
CALL THE WARM LINE AT **520-770-9909** in Pima County, and **877-770-9912** in all other Southern Arizona Counties.
The Warm Line is a confidential, non-emergency phone line for any resident of Cochise, Gila, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz and Yuma Counties who needs to talk. This free service offers Peer Support operators who have first-hand experience living with mental illness or substance use – either through personal experience, or the experience of a close family member.
Callers can talk about life's challenges, find out about local community resources and support, and talk about their own mental health issues (or those of loved ones) with operators who have experienced similar problems or concerns.
WARM LINE IS NOW OPEN 24 hours / 7 days per week / 365 DAYS A YEAR!
Do you need to talk? We're here to listen.
Who Can Call?

- Free to all residents of Cochise, Gila, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz and Yuma Counties
- Talk to a trained peer, someone who has experienced mental illness and/or addiction
- Discuss life's challenges, or anything you want to talk about
- Find community resources and support

Lawyers on Call - Free Legal Advice - Lawyers On Call Program
What is Lawyers on Call? - Lawyers on Call is a public service program sponsored by the State Bar of Arizona and Phoenix's 12 News KPNX TV. Members of the public can have their legal questions answered by volunteer lawyers.
When Should I Call? - The lawyers answer calls from 5 p.m. to 7 p.m. on the dates specified below. The number to call is 602.258.1212. (Please note that lawyers will only be available at this phone number from 5 p.m. to 7 p.m. This phone number is not in service at other times).
What Questions Can I Ask?
The Lawyers on Call program features a different topic of law. The lawyers who volunteer for the phone bank are specifically trained in that area of law. **Please limit your questions to that show's topic of law.**
Who Can Participate? Anyone!
For Lawyers on Call Schedule and Topic: http://www.azbar.org/legalhelpandeducation/lawyersoncall

Mary's Mission and Development Center
345 Taylor Drive
Sierra Vista, Arizona 85635
Phone: (520) 417-2115 **Fax:** (520) 417-2114

Website: www.marys-mission.net
Eligibility: Girls and Boys ages 11-17
Intake Process: POC- Art Barcelo
Description: Behavioral Health Residential Facility
Hours: Residents- 24 hour care, Office Hours: Monday –Friday, 9:00am – 5:00pm
Program Fees: Varies- Compliance with AHCCCS Matrix FFS
Languages: English/Spanish
Handicap Accessible? Yes

NAMI Southeastern Arizona (NAMI SEAZ)
4755 Campus Drive
Sierra Vista, Arizona 85635
Phone: 520-459-3228 **Fax:** N/A
Email: namiseazinfo@gmail.com
Website: www.namiseaz.org
Eligibility: Serving Cochise, Graham, Greenlee and, Santa Cruz Counties - ALL OUR PROGRAMS ARE FREE AND OPENED TO THE PUBLIC
Description: NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need.
Education and Support Programs
NAMI Basics: A 6-week course for parents and caregivers of children under 18 with mental health disorders.
The NAMI Family-to-Family Education Program: A 12-week course for family caregivers of adults living with mental illness.
NAMI Peer-to-Peer: A 9-week course for adults living with mental illnesses.
NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each other's experiences, share coping strategies, and offer each other encouragement and understanding.
NAMI Family Support Group is for family members/loved ones of someone living with a mental illness.
The ***In Our Own Voice* (IOOV) program**: are presentations by two speakers who share their lived experiences with mental illness and their perspectives on mental health recovery. This presentation is focused on raising awareness and recovery.
The "Breaking the Silence: is an educational package designed to teach students on three grade levels, upper elementary, middle school, and high school about serious mental illness. It reinforces anti-bullying principles and acceptance of children with mental health disabilities.
All of the above programs are led by certified peer mentor teachers. Attendees gain valuable information and tools to help individuals/caregivers gain confidence in managing life issues related to their mental health. Participants also learn ways to become effective advocates in their own care.
We also feature a comprehensive **Mental Health Library** (books, videos, other materials) which is well utilized by the community (*families, nursing and college students, Veterans, mental health workers, social workers and the general public).*
Hours: Monday – Friday, 10:00am - 5:00pm. Please call 520-459-3228
Program Fees: None
Languages: English, Spanish (advance request)
Handicap Accessible: Yes

NAZCARE
176 S. Central Avenue
Benson, Arizona 85602
Phone: 520-586-8567 **Fax:**
Website: www.nazcare.org
Eligibility: General Mental Health, Substance Abuse, Serious Mental Illness.
Intake Process: Referral through intake agency or if you do not have an intake agency you can start by completing an intake with NAZCARE, and we can complete a referral to the agency of your choice**.**
Description: We provide a variety of Peer Support services to individuals in the community struggling with substance abuse and / or mental illness.
Hours: Monday – Friday, 9:00am – 3:00pm and two Saturdays a month from 9:00am – 1:00pm
Program Fees: None
Languages: English
Handicap Accessible? Yes

NAZCARE Warm Line for the Deaf & Hard of Hearing

WARM LINE

NAZCARE sponsors a statewide Warm Line. The warm line operates from 5 to 10:30 seven (7) days a week. The warm line is there as a friendly, supportive voice to help a person deal with stress, issues in recovery and to alleviate loneliness and isolation. It operates in the dark hours and after NAZCARE's and guidance clinic hours are over as a support system. If you need a friendly supportive voice, give the warm line a call at 1-888-404-5530. Sponsored by Cenpatico and NARBHA

Warm Line for the Deaf & Hard of Hearing
Embracing Recovery to Empower and Change Lives

Warm Line is a call center with trained mentors who are there to listen and provide support service for anyone. For individuals who are Deaf and/or Hard of Hearing(D/HH), videophones and text messaging are now available with trained mentors who are also D/HH. Do you feel depressed? Sad? Lonely? Stressed? Anxious? Call the Warm Line! You can express your concerns to us through videophone and/or text messaging. We'll be there to listen. You don't need to worry about being judged by us because it is required to keep our conversations confidential. We are here for you!

Put pie VP. 928-239-2500
Sorensen VP. 928-515-2396
Text Message 928-351-1099
5:00 p.m. - 10:30 p.m.
7 days a week

Linea Caliente
Para Personas con Sodera y con Discapacidad Auditiva
Abrazando la recuperacion para fortalecer y cambiar vidas

Linea caliente es un centro de llamadas con mentores capacitados que estan ahi para escuchar y ofrecer un servicio de apoyo para cualquier persona. Para personas con sordera y con discapacidad auditiva, videotelefonos y mensaje de textos ahora estan disponibles con mentores capacitados. Cuando to sientas deprimido, solitario, estresado, o ansioso, llama a la linea caliente. Usted puede expresar sus preocupaciones. Estaremos ahi para escuchar sin juicio porque nuestras conversaciones son confidenciales. iEstamos aqui para usted!

Pzirpura VP. 928-239-2500
Sorenson VP. 928-515-2396
Mensaje de Texto 928-351-1099

5:00 p.m. - 10:30 p.m.
7 dias a la semana

New Pathways Psychological Services, LLC
1858 Paseo San Luis, Suite D
Sierra Vista, Arizona 85635
Phone: 520-458-3600 **Fax:** 520-458-3605
Website: N/A
Eligibility:
Intake Process: 90 Minute Clinical Interview
Description: Psychological Assessment/Testing (Child & Adult)
Hours: By Appointment
Program Fees: Various
Languages: English
Handicap Accessible? Yes

Pinal Hispanic Counsel (PHC)
1940 11th Street
Douglas, Arizona 85607
Phone: 520-364-4508 **Fax:** 520-364-6439
Website: http://www.pinalhispaniccouncil.org/
Eligibility: Pinal Hispanic Counsel is an AHCCCS provider and a Medicare provider. For all third party insurances, authorization is required prior to services being rendered.
Intake Process: Intakes are scheduled within 7 days of a request for service. Members will meet with a benefits specialist to obtain financial and eligibility information. Members will also meet with a clinician to obtain demographic information for enrollment, conduct a core assessment, and create an individualized service plan.
Description: Pinal Hispanic Council offers a full and integrated continuum of behavioral health care. This allows for placing individuals in the most appropriate level of treatment for their needs and allowing them to step down to other services depending on their specific situations. Dedicated to Ensuring Services are Available, Accessible and Acceptable Treatment is available for Depression, Anxiety, Grief, Eating Disorders, Obsessive Compulsive Disorders, Alcohol Abuse/Dependency, Drug Abuse/Dependency, Anger Management, Family Conflicts, Domestic Violence, Children Behavior Problems, Gay/Lesbian Issues, HIV/Aids Issues
Managing a Variety of Behavioral Health Services

- Prevention
- Emergency /Crisis Intervention
- Psychiatric Services
- Medication & Lab Services
- Assessment, Evaluation & Diagnosis
- Individual Service Planning
- Case Management
- Psychosocial Rehabilitation
- After Care Support
- Transportation & Treatment
- Home-Based Therapy
- Employee Assistance Programs
- Peer Support Groups

Hours: After hour and weekend services are available by appointment. Pinal Hispanic Counsel has an administrator on call which is available 24 hours a day, 7 days a week, including holidays.
Program Fees: Pinal Hispanic Counsel offers a sliding fee schedule available to those who qualify.
Languages: Pinal Hispanic Counsel offers services in English and Spanish. Pinal Hispanic Counsel provides translation services for all other languages based on eligibility.
Handicap Accessible: Yes

Prescription MedReturn Boxes
Program/Purpose: MedReturn is committed to providing a safe, simple, secure and environmentally friendly way to help law enforcement agencies and communities collect unwanted or expired household medication, including prescriptions, pet meds and over-the-counter drugs and unused pharmaceuticals.

Persons may not dispose of any dangerous, hazardous, or non-compliant items in a collection receptacle. This includes medical sharps and needles (*e.g.*, insulin syringes), and compressed cylinders or aerosols (*e.g.*, asthma inhalers).

Other non-compliant items that may not be placed into a collection receptacle include iodine-containing medications, mercury-containing thermometers, Hydrogen peroxide, and Liquids.

LOCATION	ADDRESS
Benson Hospital / 586-2261	450 S. Ocotillo Avenue, Benson
Bisbee Police Department / 432-2261	1 W. Highway 92, Bisbee
Douglas Fire Department / 364-2481	1400 E. 10th Street, Douglas
Elfrida Fire Department / 642-3749	10293 N. Central highway, Elfrida
Fry Fire Department / 378-3276	4817 S. Apache Ave., Sierra Vista
Huachuca City Fire Department / 456-1353	500 N. Gonzales Blvd, Huachuca City
Northern Cochise Community Hospital / 384-3541	901 W. Rex Allen Dr., Willcox
Palominas Fire Department / 803-6920	10202 S. Highway 92, Palominas
Sierra Vista Fire Station #1 / 458-3319	1295 East Fry Blvd., Sierra Vista
Sierra Vista Fire Station #2 / 452-7075	4127 Avenida Cochise, Sierra Vista
Sierra Vista Fire Station #3 / 417-4400	675 Giulio Cesare Avenue, Sierra Vista
Sierra Vista Police Department / 458-3311	911 North Coronado Drive, Sierra Vista
Sunsites-Pearce Fire Department / 826-3645	105 Tracy Road, Pearce
Tombstone Fire Department / 457-2202	315 E. Fremont Street, Tombstone
Whetstone Fire Department / 456-1717	2422 N. Firehouse Lane, Whetstone
Willcox Police Department / 384-4673	320 Rex Allen Dr., Willcox

Raising Special Kids
(Central Office) 5025 E Washington St, St 204
Phoenix, Arizona 85034
Phone and Fax: 520-441-3411
Website: www.raisingspecilakids.org
Eligibility: Families of children (birth-26) with any disability or special health care need**.**
Intake Process: Families can contact Raising Special Kids directly via telephone, email info@raisingspecialkids.org or Facebook, Twitter (@RaisingSpecialK) or LinkedIn. Professionals can submit referral form with parents permission for RSK staff to contact the family. Referral forms are

available at: http://www.raisingspecialkids.org/_media/uploaded/f/0e1834475_1401899435_family-referral-form.pdf
Description: Raising Special Kids is a 501(c)(3) non-profit organization that provides support and information to parents of children *from birth to 26) with a full range of disabilities and special health care needs. Programs are offered at no cost to families, and are available in English and Spanish. We have offices in Phoenix, Flagstaff, Tucson, Yuma, and a presence in Sierra Vista.

Raising Special Kids is:

- **Arizona's Parent Training and Information Center (PTI),** one of over 100 centers authorized under the Individuals with Disabilities Education Act (IDEA) to provide assistance in special education to families and schools.

- **Arizona's Family-to-Family Health Information Center** funded by the U.S. Department of Health & Human Services, Maternal and Child Health Bureau. Family-to-family centers employ parents of children with special health care needs who have experience navigating complex health care and social service systems to help other parents facing similar circumstances.

- The **Arizona chapter of Family Voi**ces, a national network that advocates for health care services and provides information for families with children and youth with special health care needs.

- **Arizona chapter and a Founding Member of P2P USA**, a national nonprofit committed to promoting evidence-based practices in access, quality and leadership in parent-to-parent support.

Hours: Monday - Friday, 8:00am - 5:00pm (check website for schedule of evening and weekend trainings)
Program Fees: All services are provided at no cost to families
Languages: Trainings provided in English and Spanish. Support and resources provided in other languages as well.
Handicap Accessible? Yes

Retired Senior Volunteer Program (RSVP)
PO BOX 1283
Vail, Arizona 85641
Phone: 520-305-282 **Toll free:** 866-856-3017 **Fax:** 928-523-9189
Website: http://nau.edu/sbs/csi/programs/rsvp
Eligibility: RSVP invites adults age 55 and over to use their life experiences and skills to answer the needs of local nonprofits.
Intake Process: Call or email
Description: Opportunities available in Cochise, Graham and Greenlee counties. With RSVP, you choose how and where you want to serve; you choose the amount of time you want to give. And, you choose to draw on your current skills or develop new ones. Join with thousands of others and help to improve the services nonprofits give to citizens of your community. In short, you find the opportunity that's right for you.

RSVP offers a range of volunteer opportunities:

- education-mentor/tutor children
- assisting veterans and military families
- environmental stewardship
- healthy futures
- hunger abatement
- disaster services

Hours: Variable and flexible
Program Fees: None
Languages: English, Spanish, or other languages
Handicap Accessible? Yes

Sacred Heart Thrift Store
592 Safford Street
Tombstone, Arizona 85638
Phone : 520-559-4168 **Fax:** N/A
Website: www.tombstonescatholichurch.org
Eligibility: non-profit organization
Intake Process: Donations
Description: clothing, furniture, household goods, appliances
Hours: Tuesday, Wednesday and Thursday from 9:00 am till 2:00 pm and the first Saturday of the month from 9:00 am till 2:00 pm**.**
Program Fees:
Languages: English/Spanish
Handicap Accessible? Yes

Sierra Vista Economic Development Foundation
750 E. Bartow Drive, Suite 16
Sierra Vista, Arizona 85635
Phone: (520) 458-6948 **Fax:** (520) 458-7453
Website: www.svedf.org
Eligibility: N/A
Intake Process: N/A
Description: SVEDF is a non-profit economic development organization specializing in industry attraction as it pertains to the Southeastern region of Arizona. SVEDF is governed by a board of 10 members and has been creating jobs and serving the community since 1985. SVEDF currently offers fully functional, affordable office space to small businesses and startup businesses in their co-space building entitled the Business Complex.
Hours: Monday - Friday, 8:00am - 5:00pm
Program Fees: N/A
Languages: English
Handicap Accessible? Yes

Sierra Vista Public Library
2600 E. Tacoma Street
Sierra Vista, Arizona 85635
Phone: 520-458-4225 **Fax:** 520-458-5377
Website: http://www.sierravistaaz.gov/department/?structureid=20

Email: library@sierravistaaz.gov
Eligibility: Library card holder
Intake Process: N/A
Description: As a division of Leisure and Library Services, the Sierra Vista Public Library strives to provide free access to information, programs, and services for all members of the community. These include collection development, reference assistance, interlibrary loan, and programs for children and youth ages 1 to 15.
Hours: Sunday - Monday: Noon-5:00pm / Tuesday - Thursday: 10:00am-7:00pm /
Friday - Saturday: 10:00am-6:00pm
Program Fees: N/A
Languages: English
Handicap Accessible: Yes

Sierra Vista Friends of the Library Bookstore
2600 E. Tacoma Street
Sierra Vista, Arizona 85635
Phone: 520-417-6999
Hours: Sunday: Noon – 3:00pm / Monday: Noon - 4:30pm / Tuesday: 10:00am – 5:00pm /
Wednesday: 10:00am - 6:30pm / Thursday & Friday: 10:00am – 5:00pm / Saturday: 10:00am – 4:00pm

Sonora Behavioral Health
6050 N Corona Rd.
Tucson, Arizona 85704
Phone: 520-469-8700 **Fax:** 520-469-8708
Website: www.sonorabehavioral.com
Eligibility: individuals needing inpatient acute psychiatric care from ages 6 up.
Active duty military members needing inpatient psychiatric or substance abuse treatment in a self-contained unit for acute or long term needs.
Adults with behavioral health or substance abuse treatment needs that can be met by intensive outpatient or partial hospitalization services.
Intake Process: Call or fax information regarding need for treatment.
Description: Inpatient and outpatient behavioral health and substance abuse treatment
Hours: 24/7, 365 for inpatient.
Program Fees: Insurance, AHCCCS, Self-pay
Languages: translators available
Handicap Accessible? Yes
***Only active duty military members are eligible for hospitalization on this unit. Dependents are able to obtain care on other units as needed.**

Southern Arizona Chapter American Red Cross
2916 E. Broadway Blvd.
Tucson, Arizona 85716
Phone: 520-318-6740 **Fax:** 520-318-6749
Website: www.redcross.org/az/tucson
Eligibility:
Disaster: Anyone, or any age, and their families suffering an immediate and emergent disaster that results in loss of shelter, food and basic needs.

Service to Armed Forces (SAF): Active Duty Emergency Communication Message (ECM) and Service Member case management for resource and referral.
Supportive Service for Veterans Families (SSVF): Veterans and their families who are homeless or low-income/at-risk for homelessness, providing housing, employment and financial assistance. Must have served 1 day of Active duty (not for training) and have any discharge other than a Dishonorable.
Health and Safety: Classes offered to any persons interested in learning Aquatic, CPR/1st Aid certification and training.
Blood services: Must contact blood for detailed list of donor eligibility requirements, either on Red Cross Website, or by calling 1 (800) 733-2767.
International Services: Refugee family location, humanitarian law and efforts worldwide for disaster, refugee and health and medical services internationally.

- **All people utilizing our services must live in Graham, Greenlee, Cochise, Santa Cruz or Pima counties. For other Arizona Counties, please contact the Grand Canyon Chapter in Phoenix, AZ.**

Intake Process: For emergency disaster services, call (520) 318 – 6740, press option 1. For SAF Emergency Communication, call 1 (877) 272-7337. For SAF SSVF program services, call (520) 319-3679 to begin intake processes for qualification for programs. For any other questions, please visit the website or call the main Chapter line at (520) 316-6740.
Description: The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.
The American Red Cross, through its strong network of volunteers, donors and partners, is always there in times of need. We aspire to turn compassion into action so that...
...all people affected by disaster across the country and around the world receive care, shelter and hope;
...our communities are ready and prepared for disasters;
...everyone in our country has access to safe, lifesaving blood and blood products;
...all members of our armed services and their families find support and comfort whenever needed; and
...in an emergency, there are always trained individuals nearby, ready to use their Red Cross skills to save lives.
Hours: Offices open daily, except for Federal Holidays, 8:00am – 5:00pm, M-F. Disaster and ECM services open – 24/7/365.
Program Fees: Varying and minimal cost for Health and Safety classes. Please see website for details of time and date of classes and cost. Disaster, SAF and SSVF programs are free to qualifying applicants.
Languages: All Languages
Handicap Accessible: Yes

Southern Arizona Legal Aid, Inc.
400 Arizona Street
Bisbee, Arizona 85603-1504
Phone: 520-432-1639 **Toll Free:** 1-800-231-7106 **Fax:** 520-432-1641
Website: http://www.sazlegalaid.org/ **Facebook:**
Eligibility: free, civil legal aid to qualified low-income persons who would not otherwise have equal access to the justice system.
Intake Process: N/A
Description: Southern Arizona Legal Aid, Inc. (SALA) is a non-profit law firm in existence since 1951. SALA provides a variety of free, civil legal aid to qualified low-income individuals and families. SALA's Mission is to provide quality legal services to people who would not otherwise have equal access to justice, in ways which affirm their individual and collective dignity, integrity, and power.

Services provided include legal advice, brief services, referrals, legal educational workshops, pro se clinics and direct representation. SALA decides the type of service to be provided to each client based on need, available resources and case priorities.
Hours: Monday – Friday, 8:00am to 5:00 pm
Program Fees: N/A
Languages: English/Spanish
Handicap Accessible: Yes

Southeast Arizona Area Health Education Center, Inc. (SEAHEC)
1171 W Target Range Road
Nogales, Arizona 85621
Phone: 520-287-4722 **Fax:** 520-287-4349
Website: www.seahec.org
Eligibility: health professionals, college bound students and community members interested in health careers.
Intake Process: varies by program
Description: SEAHEC helps to strengthen the wellness of rural and medically underserved communities by developing health care providers and health care programs. We do this by —

- **Growing our own:** encouraging young people with rural and culturally diverse backgrounds to pursue health careers that can benefit their communities.
- **Broadening horizons:** assisting students in health professions to learn about and experience the value of working in medically under-served areas.
- **Nurturing quality:** providing continuing education opportunities for doctors, nurses, emergency medical personnel, and other health care workers who serve rural and under-resourced locales.
- **Cultivating collaboration:** bringing together people and organizations that share a common commitment to protecting the health of our region.

Hours: vary
Program Fees: None
Languages: English/Spanish
Handicap Accessible? Yes

Southeastern Arizona Behavioral Health Services (SEABHS)
Benson Outpatient (hours: 9am-7pm, Mon. – Thurs., 9am-5pm, Friday)
611 W. Union Street
Benson, Arizona 85602
Phone: 520-586-0800 **Toll Free:** 1-800-586-0855 **Fax:** 520-586-6104
Sierra Vista Outpatient (hours: 9am-7pm, Mon. – Thurs., 9am-5pm, Friday)
4755 Campus Drive
Sierra Vista, Arizona 85635
Phone: 520-458-3932 **Fax:** 520-586-6125
Willcox Outpatient (hours: 8am-7pm, Tues. & Thurs. only--closed 12-1pm for lunch)
404 Rex Allen Drive
Willcox, Arizona 85643
Phone: 520-384-2521 **Fax:** 520-586-6112
Website: www.seabhs.org
Eligibility: SEABHS is an AHCCCS provider and a Medicare provider. For all third party insurances, authorization is required prior to services being rendered.

Intake Process: Intakes are scheduled within 7 days of a request for service. Members will meet with a benefits specialist to obtain financial and eligibility information. Members will also meet with a clinician to obtain demographic information for enrollment, conduct a core assessment, and create an individualized service plan.
Description: SEABHS offers the following services: Assessments, Individual Therapy, Family Therapy, Group Therapy, Living Skills, Health and Wellness Skills, Medical Services, Peer and Family Support Services, Employment Services and DUI services. We serve all ages and populations based on eligibility stated above.
Hours: See information listed above. After hour and weekend services are available by appointment. SEABHS has an administrator on call which is available 24 hours a day, 7 days a week, including holidays.
Program Fees: SEABHS offers a sliding fee schedule available to those who qualify.
Languages: SEABHS offers services in English and Spanish. SEABHS provides translation services for all other languages based on eligibility.
Handicap Accessible: Yes

Southeastern Arizona Community Action Program (SEACAP)

1326 W. Hwy 92, #11
Bisbee, Arizona 85603
Phone: 520-432-5401

101 S Railroad Ave., Suite A
Willcox, Arizona 85643
Phone: 520-384-3120

Website: N/A
Eligibility: Call office
Intake Process: Call office
Description: Community Action Programs and Agencies located throughout Arizona provide a variety of assistance services and are administered through counties, cities, councils of government, and private non-profit organizations. **Some of the services they may provide are:**

- Emergency Assistance
- Utility Assistance
- Utility & Telephone Discount Programs
- Rental/Mortgage Assistance
- Housing Repair, Rehabilitation & Weatherization
- Food Boxes & Other Food & Nutrition Programs
- Case Management
- Advocacy and Referral
- Head Start
- Self-Help Housing
- Homeless Services

Hours:
Program Fees:
Languages: English/Spanish
Handicap Accessible:

Southeastern Arizona Governments Organization (SEAGO)

Main Address:
1403 W. Highway 92
Bisbee, Arizona 85603

Area Agency on Aging Address:
300 Collins Road
Bisbee, Arizona 85603

Phone: 520-432-5301 **Fax:** 520-432-5858
Website: www.seago.org (see website for detailed information and departmental phone numbers.)
Eligibility: N/A

Intake: N/A
Description: SEAGO serves the four counties of Cochise, Graham, Greenlee, and Santa Cruz. The Southeastern Arizona Governments Organization (SEAGO) is a regional planning agency that manages the following programs:

- Area Agency on Aging
  - Case Management
  - Family Caregiver Support
  - Health Promotion
  - Medicare and Health Insurance
  - Long Term Care Ombudsman
  - Meals Program

The SEAGO Area Agency on Aging serves people who are age 60 and over and/or their family members and a limited number of disabled adults by providing information and assistance in accessing services that will help older adults stay in their own homes and communities. The goal of an Area Agency on Aging is to enable older people to maintain maximum independence and dignity in the least restrictive environment. The amount of assistance that is provided is dependent upon the needs of the older adult. These services can be short-term (such as getting signed up for a prescription drug program) or long-term (such as someone who is frail or who has a chronic health condition receiving ongoing monitoring and support from a Case Manager) and anywhere in between. Examples of community-based services include: congregate and home delivered meals, caregiver support, case management, housekeeping, personal care and help with benefit questions. Many of these services are provided on a donation basis and are delivered at the local level. For further information, contact Wanda Leikem at the SEAGO AAA at (520) 432-2528 Extension 208 or wleikem@seago.org . The SEAGO Area Agency on Aging is located at 300 Collins Road, Bisbee, Arizona 85603.

- Community Development
- Housing
- Transportation
- Economic Development
- Environmental Planning
- SSBG (Social Services Block Grant)

Hours: Staff members are available Monday – Friday, 8:00am - 5:00pm.
Program Fees: N/A
Languages: English/Spanish
Handicap Accessible: Yes

Southwest Fair Housing Council
2030 E. Broadway, Suite 101
Tucson, Arizona 85719
Phone: 520-798-1568 / 888-624-4611 **Fax:** 520-620-4796 **TTY:** 520-670-0233
Website: www.swfhc.com
Eligibility: We do not have an eligibility process everyone is eligible for our services.
Intake Process: Walk-ins, call in and/or posting on our website
Description: SWFHC is the statewide grant funded voice of fair housing. We work to eliminate all forms of housing discrimination whether you are a renter, buyer, seller, real-estate agent, construction, housing provider or even borrowing funds to buy a home. We work to ensure equal housing opportunity for people through leadership, education, outreach, research, advocacy and enforcement. We help people with complaints. We provide free information on Resource Tables at

Events. We also provide speakers for training, events, workshops and meetings, all at no charge to Az communities.
Hours: Monday – Friday, 8:00am - 5:00pm
Program Fees: Our services are FREE
Languages: English and Spanish however, we can provide a translator if client speaks another language other than English or Spanish
Handicap Accessible: Yes

Special Olympics Arizona
2100 S. 75th Avenue
Phoenix, Arizona 85284
Phone: 602-757-1669 cell / 602-230-1200 main line **Fax:** 602-230-1110
Website: www.SpecialOlympicsArizona.org
Eligibility: Special Olympics is open to all individual by participation in Unified Sports. Young Athletes is a sports play program for athletes two and a half to seven years old. Children who are six and seven years old can participate in Under Eight Can't Wait local area training programs (where available) and area competition. At no cost to any athletes to join or participate, the minimum age requirement for participation in state competitions is eight years and for National or World competitions 13 years. There is no maximum age for participation in Special Olympics.
Intake Process: N/A
Description: The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community. Graham County activities include: Bowling in the Fall and Track and Field in the Spring.
Hours: N/A
Program Fees: There is no cost to participants to join Special Olympics Arizona.
Languages: Open
Handicap Accessible: Yes

Society of St. Vincent de Paul
616 Bartow Drive
Sierra Vista, Arizona 85635
Phone: 520-458-0500 **Fax:** N/A
Website: N/A
Eligibility: Anyone in need with no other resources.
Intake Process: Short application and interview with a Vincentian case worker.
Description: We assist with utilities, medication, Homeless needs, bus transportation, clothing and household goods from our thrift store, and food boxes from our food bank. Special case assistance may be given for other needs, when possible.
Hours: Monday - Friday, 12:00pm to 4:00pm; Closed on Holidays
Program Fees: none
Languages: English/Spanish
Handicap Accessible? Yes

Strong Families Arizona - Strong Families Cochise County Home Visiting Collaboration
Website: http://www.strongfamiliesaz.com/
Description: Parenting can be overwhelming, but when families feel supported they are more likely to achieve their full potential.
Home visiting programs can play a positive role in helping families raise healthy children.
Strong Families Cochise County Home Visiting Collaboration is working to ensure that each family and child receives services that best meets their needs.
Programs:
Cochise Parents As Teachers: Parent Educators provide the information, encouragement and support parents need to help their children develop optimally and be fully prepared to enter school. Funded by First Things First.

- **Curriculum:** Parents As Teachers/evidence-based
- **Eligibility:** Pregnant women and children up to 5 yrs.
- **Service Area:** Sierra Vista area only

Contact: Christina Riddle, 520-452-9784 X12, *criddle1@blake.easterseals.com*

- **Service Area:** All Other Cochise County Areas

Contact: Marilyn Godfrey, (520) 803-3923, *mgodfrey@cochise.az.gov*

Early Head Start: Family Educators provide information, skill development, and support intended to enhance families' capacity to nurture and teach their children to be fully prepared to enter school. Transition into Head Start program at 36 months based on eligibility.

- **Curriculum:** Beautiful Beginnings/evidence-based
- **Eligibility:** Low-income; pregnant women and parents with children up to 36 months old
- **Service Area:** Sierra Vista- Easter Seals Blake Foundation

Contact: Lorena Nevarez 520-417-0756 X1012 *inevarez@blake.easterseals.com*

- **Service Area:** Douglas – Child Parent Centers, Inc.—Head Start

Contact: Bonita—, 520-364-5642, *bonita@childparentcenters.org* or La Escuelita, 520-364-8298, *laescuelita@childparentcenters.org*

Susan G Komen Southern Arizona
4574 E. Broadway Blvd.
Tucson, Arizona 85711
Phone: 520-319-0155 **Fax:** 520-319-0151
Website: http://www.komensaz.org/ **Facebook:** https://www.facebook.com/SusanGKomenSAZ
Eligibility: N/A
Intake Process: Susan G Komen Southern Arizona is not a direct service provider.
Description: Komen Southern Arizona is *the* local source for **funding programs** that provide breast health services, breast cancer education and outreach in our Southern Arizona service area.
We empower the residents in our service area with information about the importance of early detection and breast health. We donate 75 percent of net funds raised to vital local breast health services, and dedicate the remaining 25 percent to national research to find the cures. Since 1999 Komen Southern Arizona has granted over $5.75 million through its Community Grants Program and more than $2.2 million directly to research.
Hours: Monday – Friday, 9:00am - 5:00pm
Program Fees: N/A
Languages: We have bilingual English/Spanish staff and we have educational materials in English, Spanish, Arabic, Navajo, American Sign Language, and Braille.
Handicap Accessible: Yes

TMM Family Services, Inc. - Community Closet
1550 N. Country Club Road
Tucson, Arizona 85716
Phone: 520-322-9557 **Fax:** N/A
Email: reception@tmmfs.org **Website:** www.tmmfs.org
Eligibility: The majority of TMM's programs occur in Pima County. The Community Closet is also available in Tucson located at 2958 E 22ndf Street, 85713. Organizations are able to become voucher members for $75 per organization. Upon membership, the organization will receive 100 vouchers that can be distributed to their clients at their discretion until August 1, 2015. A client can receive five items of clothing or bedding for free with one voucher with a limit of 25 items (5 family members) per voucher. Proper identification is required from the client when redeeming the voucher.
Intake Process: For the voucher program, please contact TMM's main office at 520-322-9557.
Description:
Hours: ReStore/Community Closet – Monday - Friday, 9:30am to 5:00pm, Saturday, 9:30am to 1:30pm
Program Fees:
Languages: Community Closet – English/Spanish
Handicap Accessible? Yes

Transportation (Seniors and Persons with Disabilities)

Senior Citizens of Patagonia, Inc.	patagoniaseniors@hotmail.com	520-394-2494	PO Box 1121 Patagonia, AZ 85624	Patagonia	Erika Miller	Transportation to Sierra Vista
Benson Area Transit (BAT)	lbotts@bensonaz.gov		120 W 6th St Benson, AZ 85602	Benson	Laurie Botts	Dial a Ride
Volunteer Interfaith Caregiver Program	vicap.benson@gmail.com	520-586-2387	298 E. 4th. St. Benson, AZ 85602	Benson	Judi Brown	Dial a ride, wellness phone calls
Wynne Chapel	info@wynnechapel.org	520-826-3353	374 E. Richland Way Cochise, AZ 85606	Cochise	Danny Thompson, Pastor	Dial a ride to Benson
Town of Huachuca City	bchapman@huachucacityaz.gov	520-456-1354 520-456-9552	500 N. Gonzales Blvd. Huachuca City, AZ 85616	Huachuca City	Bobby Chapman	Transportation to Sierra Vista and Senior Center
Vista Transit (City of Sierra Vista)	www.vistatransit.org	520-417-4888	205 E. Wilcox Dr. Sierra Vista, AZ 85635	Sierra Vista		Dial a ride
Volunteer Interfaith Caregiver Program	vicap-sv@qwestoffice.net	520-459-8146	300 El Camino Real Sierra Vista, AZ 85635	Sierra Vista	Cindy Fulbright	Dial a ride, wellness phone calls,
Bisbee Bus	humberto.rivera@Douglasaz.gov	520- 508-1936	http://www.bisbeeaz.gov/2331/Bisbee-Bus-Program	Bisbee	Humberto Rivera	Transportation within Bisbee
Douglas Rides	humberto.rivera@Douglasaz.gov	520-364-4474	345 E. 16th Street Douglas, AZ 85607	Douglas	Humberto Rivera	Dial a Ride (took over Bisbee Bus Oct 2015)

Senior Citizens of Patagonia
http://seniorcitizensofpatagonia.org/2015/02/26/need-a-ride/
Do you need a ride to a doctor's or dentist's appointment? Are you going on a trip by air and don't want to leave your car at the airport? Need to do shopping but no way to get to the store? Would your group of seniors go to a concert or religious event?
Senior Citizens of Patagonia has a program to meet some of the transportation needs of seniors and disabled individuals in the Eastern Santa Cruz County communities of Patagonia, Sonoita, Elgin and

Canelo. We provide transportation in our two vans, one wheelchair lift equipped, to locations within a hundred miles of those communities, to Nogales, Sierra Vista, Green Valley and Tucson.

For more information or you can call Erika at 520-394-2494 for reservations and details.

Benson Area Transit (BAT) Fixed Route Service
http://www.cityofbenson.com/index.asp?SEC=17CB4219-09DD-4B3F-9D0E-4B37343292E1&Type=B_BASIC
BENSON AREA TRANSIT provides a deviated fixed route and curb-to-curb side bus service throughout the City of Benson and surrounding area. Bus service is available Monday – Friday 8:00 am - 4:00 pm Benson Area Transit is operated by the City of Benson. All vehicles are wheelchair accessible and operated in accordance with the Americans with Disabilities Act. The City of Benson receives funding for Benson Area Transit from SEAGO Area Agency on Aging Grant and ADOT 5311 Rural Transit Grant.

In accordance with the Civil Right Act of 1964, Benson Area Transit does not discriminate on the basis of disability, race, color, national origin or gender. Information for non-English or alternative formats is available upon request. TTY (520) 586-3624.

BAT Dial-A-Ride Service - Seniors 60+ and Persons with Disabilities
http://www.cityofbenson.com/index.asp?SEC=A93264E0-434E-41C3-A9DC-CB14F391830D&Type=B_BASIC
The curb to curb Dial-A-Ride bus service is designed for seniors 60+ and eligible disabled who have a documented disability that prevents use of our regular fixed route bus stops. This service does not offer same day appointments. Trips must be scheduled for next day service.

To qualify, seniors must complete a registration form and disabled riders must complete an application and obtain eligibility from their Health Care Professional.

Dial-A-Ride serves Benson, Pomerene, J-Six/Mescal and St. David areas. Dial-A-Ride operates Monday - Friday 8:00 am - 4:00 pm (no Holidays or weekends).

To complete an eligibility application, contact the Benson Area Transit Dial-a-Ride office at 586-9406 or click on the form below.

Benson Area Transit is operated by the City of Benson. All vehicles are wheelchair accessible and operated in accordance with the Americans with Disabilities Act. In accordance with the Civil Right Act of 1964, Benson Area Transit does not discriminate on the basis of disability, race, color, national origin or gender. Information for non-English or alternative formats is available upon request. TTY (520) 586-3624.

Huachuca City Transit
http://www.huachucacityaz.gov/transit/
Priority to person 65 and over and/or with disabilities, For a reservation: please call 456-9552. Transit services only available to Huachuca City Residents with a valid Transit Pass issued by The Town of Huachuca City

Transit Pass Application:
http://static1.squarespace.com/static/54aefd6fe4b063d97f426a1b/t/54bec245e4b026697bda09a3/1421787717713/Transit+Application.pdf
Pickup: Monday – Friday, 8:00am and 12:00pm
Transit Does Not Run on Holidays
Regular Drop Off Destinations in Sierra Vista: Sierra Vista Transit Station / DES / SSVEC / N. Garden Ave & Fry Blvd / Safeway / Bank of America/American SW Credit Union / Kmart / Ace Hardware / Food City / WalMart / Cochise College / Hobby Lobby / Fry's Grocery / Hospital or Doctor's Office / Sierra Vista Library

Return Pickups from Sierra Vista: 10:00am and 2:00pm, Tuesday, Wednesday, Thursday: Dinner & Movie Bus at 3:30 in Huachuca City to a restaurant on Fry Blvd or the Mall at Sierra Vista Bus Returns at 6:00pm.

Vista Transit, City of Sierra Vista
http://www.VistaTransit.org
Phone: 520-417-4888
VT Brochure: http://www.sierravistaaz.gov/egov/documents/1442600326_2082.pdf
There are five bus routes serving the City of Sierra Vista Monday through Friday, plus a Saturday route to Ft. Huachuca. Main bus service is open to all; **Curbside Service for Persons with Disabilities**
Vista Transit's Curbside bus service is available Monday through Friday for registered customers with disabilities. Curbside service can pick you up at your home and take you to virtually any destination within the Sierra Vista city limits, then bring you home later for only $2.00 per one-way trip.
Eligible customers may make an appointment for this service by calling 417-4888. Reservations must be called in 24 hours in advance, Monday through Friday, between the hours of 7:00 am and 4:00 pm.
Application forms for curbside services are available at the Transit Center or online at *www.VistaTransit.org*. **All Vista Transit buses are wheelchair accessible.**

Bisbee Bus
http://www.bisbeeaz.gov/2331/Bisbee-Bus-Program\
Call: 520- 508-1936
Effective October 1, 2015, operation of the City of Bisbee Bus System will transition from Catholic Community Services to the City of Douglas. Although the City of Douglas / Douglas Rides will manage the operation of the Bisbee Bus, the City of Bisbee will continue with the administration of the Bisbee Bus Program.

- To be eligible to ride the bus using Area Agency on Aging (AAA) passes, you must have a current I.D., which you will be able to obtain at SEAGO. Those dates and times will be announced.

Bisbee Bus Pass Application: http://www.bisbeeaz.gov/DocumentCenter/Home/View/1587

Douglas Rides
http://www.douglasaz.gov
Main bus service is open to all; Dial-A-Ride is for adults age 60 and older, and adults ages 18-59 who have a physical disability.
Routes originate from a central transfer point located at 11th Street between G and H Avenues.
Provides fixed-route bus service in the Bisbee, Douglas, Elfrida, and Pirtleville areas, also provides Dial-A-Ride transportation to medical appointments and shopping for seniors, and adults with physical disabilities.

Douglas Rides general public transportation service will be provided Monday – Saturday, from 8 a.m. to 5 p.m.
· Dial-A-Ride service will require a 24 hours advance notice.
· Inter-city service to Elfrida, will be provided one day a week every other week. (Elderly and disabled clients are transported to Douglas for grocery shopping, nutrition services and medical appointments.)
Bus fares are: adult (19-59) $1; seniors (60+) 50 cents; disabled 50 cents and students (7-18) 75 cents.
Douglas Rides staffing include four full time drivers, one full time dispatcher, one full time transit coordinator, and the transit manager.
For additional information contact Transit Coordinator, Connie Gastelum at (520) 364-4474

Greyhound Bus Line
Greyhound Bus Line provides service to Benson: 800-231-2222

- Greyhound bus service stops daily in Benson at the Visitor's Center on 4th Street: Call the Visitor Center at 520-392-4790 for times of arrival.
- Grey hound Bus Line provides service to Willcox, Freeway Texaco 1203 W Rex Allen Dr., Willcox: (520) 507-5660

Amtrak
Amtrak provides service to Benson, 30 miles from Sierra Vista: 800-872-7245
Amtrak Schedule Sunset Limited:

- West bound Tuesday, Thursday and Sunday scheduled arrival time - 5:18 pm (Mar - Nov) / 6:18 pm (Nov - Mar)
- East bound Monday, Thursday and Saturday scheduled arrival time - 9:15 am (Mar - Nov) / 10:15 am (Nov - Mar)

WE ARE ONE FAMILY/SOMOS LA MISMA FAMILIA/Immigration Project/Proyecto de Inmigración
1113 W. Purdy Lane, Unite B
Bisbee, Arizona 85603
Phone: 520-432-0732 **Cell:** 520-559-0667
Email: skolb2000@aol.com
Website: N/A
Eligibility: Low income
Intake Process:
Description: The Immigration Project seeks to provide competent and trustworthy immigration law services to low income people on both sides of the US-Mexico border. We believe that these services will unite families, improve community relationships, and help bring a positive change to the border environment. **Services:** Advice, Counsel, Representation and Referral, In family immigration law, Visa applications, Adjustment of status, Naturalization/Citizenship/Preparation
Hours:
Program Fees: No charge for services (Donations accepted)
Languages: English/Spanish
Handicap Accessible?

Wellness Connections
Administrative Office:
1201 E. Fry Blvd.
Sierra Vista, Arizona 85635
Phone: 520-452-0080 **Fax:** 520-452-0090

Website: http://wellness-connections.org/
Facebook: https://www.facebook.com/pages/Wellness-Connections/422158624580239
Eligibility: SMI/GMH/VA
Intake Process: Referral from case manager and adding Wellness Connectins to the members ISP with appropriate codes.
Description: We are a day treatment drop-in model program. We can work with members to provide the specific education and group experience that meets their needs.
Hours: Monday – Friday 8:00am – 4:00pm, some Saturdays.
Program Fees: No fees. Some of our outings require members to partial pay or run fundraisers to help pay. Generally outings and meals are covered by the program.
Languages: English/Spanish
Handicap Accessible? Yes

Willcox Distribution Center
931 North Bisbee Avenue
Willcox, Arizona 85643
Phone: 520-766-3663 **Fax:** none
Email: jtucker@communityfoodbank.org (Joy Tucker) or dfranco@communityfoodbank.org (Delia Franco)
Website: www.communityfoodbank.org
Eligibility: Clients must self-declare to received TEFAP Commodities, ID and proof they live in SE AZ.
Intake Process: N/A
Description: Monthly distribution of USDA TEFAP Commodities at 19 different sites throughout SE AZ, see attached distribution schedule and locations.
Hours: Monday – Friday, 8:00 am to 4:00 pm call before coming
Program Fees: None
Languages: English/Spanish
Handicap Accessible? Yes

TEFAP COMMODITIES DISTRIBUTION SCHEDULE FOR COCHISE, GRAHAM AND GREENLEE COUNTY 2016
Please save as a reference ~~ Por favor guardelo como referencia

City Ciudad	Address Dirección	Distribution Date Fecha de distribución	Time Horario	*Holiday Schedule Change Cambio de Horario Feridado
COCHISE				
Benson	1120 4th Avenue	3rd Wednesday of the month	9:00 am to 11:30 am	
Bisbee	519 Melody Lane	4th Monday of the month	9:00 am to 10:30 am	
Bowie	219 Business Loop	1st Thursday of the month	8:00 am to 9:30 am	
Cochise/Post Office	5066 N Dos Cabezas	3rd Tuesday of the month	9:00 am to 10:30 am	
Douglas	660 G Avenue	3rd Monday of the month	9:00 am to 11:00 am	*Jan Fri 22nd * Feb Fri 26th
Dragoon	1871 N Johnson Road	2nd Monday of the month	9:00 am to 10:30 am	
Elfrida	10293 Central Highway	1st Friday of the month	12:00 noon to 1:30 pm	*Jan Mon 4th
Hereford	5700 Highway 92	1st Tuesday of the month	9:00 am to 10:30 am	
San Simon	1 Firehouse Lane	1st Thursday of the month	11:00 am to 12:00 noon	
Sierra Vista	3020 E Tacoma St	1st Wednesday of the month	9:00 am to 12:00 noon	
St David	106 S Lee Highway 80	2nd Thursday of the month	9:00 am to 10:30 am	
Sunizona/Pearce	13385 Dos Cabezas Rd	1st Friday of the month	9:00 am to 10:00 am	*Jan Mon 4th
Tombstone	15 N San Diego	3rd Thursday of the month	9:00 am to 10:30 am	
Wynne Chapel	374 E Richland Way	2nd Tuesday of the month	9:00 am to 10:30 am	
Whetstone	2424 Calle Segundo	3rd Friday of the month	9:00 am to 10:30 am	
Willcox	124 S Curtis Street	4th Thursday of the month	9:00 am to 11:00 am	*Nov Wed 23rd
GRAHAM/GREENLEE				
Clifton	51 Frisco Avenue	2nd Friday of the month	9:30 am to 11:00 am	*Sept Mon 7th
Duncan	37 Gale Avenue	4th Tuesday of the month	9:00 am to 10:30 am	
Thatcher	Ball Park/Splash Park	2nd Wednesday of the month	9:00 am to 10:30 am	

REQUIREMENTS

- To receive TEFAP Commodities you must have ID with a local AZ address. You will be required to self-declare that you income qualify, you must list all members of your household and their dates of birth. You may only receive one package a month of these food items regardless of where you live with in SE Arizona. When available we will distribute bonus items such as bread and produce.
- Para recibir la comida de TEFAP tiene que tener identificación con una dirección de AZ. Tiene que firmar de que califica en base a susingresos también tiene que comprobar cuantas personas viven en su hogar y las fechas de nacimiento de dichas personas. Sólo sepuede recibir un paquete por mes no importando donde viva en AZ, Cuando tengamos se entregará pan y verduras con la caja decomida TEFAP.

Community Food Bank of Southern Arizona
Willcox Distribution Center
Prepared by Willcox Distribution Center, Community Food Bank of Southern Arizona. For further information please call 520-766-3663
This institution is an equal opportunity provider
WDC/CFBSA/102015

LINKS TO OTHER RESOURCE GUIDES

Affordable Housing website - **https://www.socialserve.com/**
This is a website for affordable housing locations all over the United States. This website has a search engine set up and can be used to help people find affordable housing in any locations.

Arizona 2-1-1 - Get Connected. Get Answers – Community Information and Referral Services:
http://www.211arizona.org/cochise/
Dial 2-1-1 within Arizona or 877-211-8661 from anywhere in the United States to find help as soon as possible. Search the 2-1-1 Arizona Resource Database to find the help you need

Arizona Blind/Visual Impairment Resources
http://www.bie.edu/cs/groups/xbie/documents/text/idc-008234.pdf

Arizona Community Action Association – People's Information Guide:
http://azcaa.org/publications/peoples-info-guide/
The People's Information Guide is a comprehensive listing of hundreds of free and low-cost services and programs for low-income families and individuals struggling in today's economy to prevent a crisis and move toward self-sufficiency or return to financial stability. Eligibility requirements may apply.

The 2013 Blue Pages – Arizona's Disability Resource Guide
http://www.raisingspecialkids.org/_media/uploaded/b/0e2316635_1374683358_blue-pages.pdf
Raising Special Kids Directory of Resources
http://www.raisingspecialkids.org/resources/resource-dir/

Children's Action Alliance – Health Care Resources for Arizona's Low Income and Uninsured Families June 2014 Edition
This manual provides detailed information about how families can access health care coverage and other benefits through AHCCCS (Arizona's Medicaid agency) and the health insurance Marketplace. A family's income will determine whether they qualify for an AHCCCS medical programs or subsidies to lower the cost of a health insurance plan purchased through the Health Insurance Marketplace.
English – **http://azchildren.org/wp-content/uploads/2012/10/Health-Manual-2014-English-for-print-reduced-size.pdf**
Spanish - **http://azchildren.org/wp-content/uploads/2015/02/Health-Manual-2014-SPANISH.pdf**

First Things First - Cochise County 2nd Edition Resource Guide
First Things First (FTF), approved by Arizona voters, works to ensure that our youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed. Across the state, regional partnership councils – in collaboration with local leaders – identify the educational and health needs of children from birth through five in their communities and fund strategies to address those needs.
http://www.azftf.gov/RPCCouncilPublicationsCenter/Resource%20Guide%20-%20Cochise.pdf

Department of Economic Security – Your Partner for a Stronger Arizona - Services Directory - A Comprehensive Guide to Programs and Services

This booklet briefly describes the purpose and eligibility for each client service provided by the major organizational divisions of DES.

https://www.azdes.gov/uploadedFiles/Main_Landing_Pages/DES_Services_Directory_2014.pdf

Fort Huachuca - Community Health Promotion Council (CHPC)

Fort Huachuca is committed to building a strong and healthy community that supports Military Service Members, Families, DA Civilians and Retirees. The Fort Huachuca Community Resource Guide is a reference tool for contacting agencies responsible for providing assistance. Off-post agencies are occasionally listed to provide a full range of resources available within the Fort Huachuca area.

HOW THIS RESOURCE GUIDE IS ORGANIZED

The Community Resource Guide is organized as a reference tool for individuals to contact agencies that offer support in different areas. Please use the table of contents to identify a topic and locate available resources in the community. Each page/section is organized as follows:

I. Topic listed

II. Primary staff agencies responsible for assistance in providing services

III. All services available with brief description, address and phone number

http://huachuca-www.army.mil/pages/chpc/index.html

SEAGO Elder Resource Directories:

http://www.seago.org/?q=information-and-assistance-0

The SEAGO Area Agency on Aging has elder resource directories for the four-county region (Cochise, Graham/Greenlee, and Santa Cruz) and will assist individuals by telephone to identify the most appropriate program or service to meet their need. If you need assistance, please call (520) 432-2528. These resource directories also provide Information about benefits such as Medicare, and other health related programs, and the SEAGO AAA will provide application assistance for these programs on request.

MARKETPLACE/AHCCCS ENROLLMENT ASSISTANCE

The Marketplace Website: https://www.healthcare.gov/

If anyone needs help enrolling, or negotiating the Marketplace online: call to start or finish an application, compare plans, enroll or ask a question. **1-800-318-2596 / TTY: 1-855-889-4325.** Available 24 hours a day, 7 days a week. Closed Memorial Day, July 4th, Labor Day, Thanksgiving, and Christmas.

Find Local Help through people and organizations in your community who can help you apply, enroll, and answer your questions.

https://localhelp.healthcare.gov/

Chiricahua Community Health Center, Inc.
Phone 520-364-1429

Community Intervention associates
Phone: 928-376-0026

Corazon Integrated Healthcare Services
Phone: 520-836-4278

Pinal Hispanic Council
Phone: 520-466-7765

Southeastern Arizona Community Action Program (SEACAP)
Phone: 520-432-5401 / Toll-Free: 800-293-1144

Wellness Connections
Phone: 520-452-0080

FUNDING OPPORTUNITIES (offered locally)

Arizona Community Foundation of Cochise
https://www.azfoundation.org/GiveWhereYouLive/Cochise.aspx
https://www.azfoundation.org/GiveWhereYouLive/Cochise/GrantsInitiatives.aspx
Visit our online grants center to view grant opportunities.
Who May Apply
The Cochise Community Foundation accepts funding requests from qualified nonprofit organizations, public schools, municipalities and Tribal entities in amounts ranging from $500 to $10,000. Grant applicants must provide services within Cochise County geographic boundaries. The Letter of Interest phase of the 2015 competitive grant process will begin May 11th of 2015.

Cenpatico Integrated Care - Community Reinvestment
http://www.cenpaticointegratedcareaz.com/community/community-reinvestment-2015/
Offered Annually
Grant Proposal Guidelines
Cenpatico is the Regional Behavioral Authority (RBHA) for 8 counties in southern Arizona and we are committed to the communities that we serve. Cenpatico serves: Pinal, Pima, Yuma, La Paz, Cochise, Graham, Greenlee, and Santa Cruz counties. Every year we take a percentage of our net profits and give back to community organizations who are interested in improving the lives of those living in our communities. With that in mind, we invite organizations to draft proposals and submit them to Cenpatico for consideration. To qualify for these grants, an organization must be:

- A 501(c)3 organization or pending a non-profit application
- A City Government or division
- A State Government office or division
- A County Government office or division
- A Tribal Government or division

Freeport-McMoRan
http://www.freeportinmycommunity.com/communities/arizona
Bisbee
The Bisbee mine, located in Cochise County in southeast Arizona approximately 80 miles southeast of Tucson, was closed in 1974. Current company activities include soil and water remediation and mine reclamation.
Eligible Communities: Cities of Bisbee and Douglas
Contact: Richard Ducote
Richard_Ducote@fmi.com
We are committed to providing programs that contribute to the sustainability of the communities where we have a presence. Here is a list of programs available in Arizona.

- Mini-Grants for Education
- STEM Innovation Grants
- Community Investment Funds
- General Social Investment Grants
- Women's Development Grants Program
- Matching Gifts Program
- Employee Volunteer Fund
- United Way Campaign

Legacy Foundation of Southeast Arizona (LFSAZ)
Address: 302-01 El Camino Real, Sierra Vista, AZ 85635
Mailing Address: PO Box 1089, Sierra Vista, AZ 85636
Phone: 520-335-6015
Website: http://lfsaz.org/
MISSION: Promoting Population Health and Community Wellness throughout Southeast Arizona
VISION: Southeast Arizona . . .the Health and Wellness Model for the Nation
VALUES:

- **Collaboration**: We will partner with others to achieve our mission.
- **Innovation**: We will foster and contribute to change and new ideas.
- **Integrity**: We will be open and honest in our interactions with others.
- **Respect**: We will treat others fairly and honor the dignity and worth of all individuals.
- **Stewardship**: We will ensure responsible use of all assets entrusted to us.

Serving Communities in Cochise and Eastern Santa Cruz Counties including Sierra Vista and Fort Huachuca, Tombstone, Bisbee, Douglas, Benson, Willcox and Sonoita.
BUDGET
The Foundation Corpus is approximately $50 million which will be used to fulfill the Mission of the Legacy Foundation of Southeast Arizona.
PLAN
The Legacy Foundation will focus on collaborating with other organizations and supporting initiatives that improve the health and wellness of the region. Grants will be awarded in four ways:

1. **Strategic:** specific initiatives the Foundation will identify based on the outcomes of a Strategic Assessment study combined with information contained in existing public health data.
2. **Responsive:** in response to special requests or needs from the communities served.
3. **Emergent:** in response to urgent or immediate community needs.
4. **Innovative:** innovative and creative projects that align with our mission of population health and community wellness

In fulfilling its Mission, the Legacy Foundation anticipates playing a significant role in supporting capacity-building efforts and convening organizations throughout the region.

United Way of Sierra Vista and Cochise County
http://www.unitedwaycochise.org/cms-view-page.php?page=community-initiatives
77 Calle Portal Suite B150, Sierra Vista, AZ 85635
Phone: 520-458-3288
Anthony Reed, Executive Director
uwayofsv@qwestoffice.net

LOCAL COALITION MEETING

Cenpatico Benson Community Advisory Council
Meeting Date: 4th Thursday of the Month (Bi-Monthly - Even months)
Time: 12:00 – 1:30pm
Meeting location: Cochise County Regional Services Center, 126 W. 5th Street - 2nd Floor JPO Conference Room, Benson, AZ 85602
Contact Name: Susan Richards
Email Address: srichards@cenpatico.com
Phone: 480-322-1249
Description of Coalition: Cenpatico would like to invite stakeholders, providers and community leaders to discuss any concerns you may have in regards to behavioral health issues in your community; we will document these concerns and recommendations and take them back to our Cenpatico leaders. This is also an opportunity for agencies to share information on their organization and programs they offer that are available to the community.

Cenpatico Bisbee Community Advisory Council
Meeting Date: 3rd Tuesday of the Month (Bi-Monthly - Even months)
Time: 12:30 – 2:00pm
Meeting location: Presbyterian Church Annex on 19th Howell Avenue, Bisbee, AZ 85603
Contact Name: Adriana Romero
Email Address: aromero@cenpatico.com
Phone: 480-273-7308
Description of Coalition: Cenpatico would like to invite stakeholders, providers and community leaders to discuss any concerns you may have in regards to behavioral health issues in your community; we will document these concerns and recommendations and take them back to our Cenpatico leaders. This is also an opportunity for agencies to share information on their organization and programs they offer that are available to the community.

Cenpatico Douglas Community Advisory Council
Meeting Date: 2nd Thursday of the Month (Bi-Monthly - Odd months)
Time: 12:30 – 2:00pm
Meeting location: Pizza Hut, 300 16th Street, Douglas, Arizona 85607
Contact Name: Adriana Romero
Email Address: aromero@cenpatico.com
Phone: 480-273-7308
Description of Coalition: Cenpatico would like to invite stakeholders, providers and community leaders to discuss any concerns you may have in regards to behavioral health issues in your community; we will document these concerns and recommendations and take them back to our Cenpatico leaders. This is also an opportunity for agencies to share information on their organization and programs they offer that are available to the community.

Cenpatico Sierra Vista Community Advisory Council
Meeting Date: 2nd Wednesday of the Month (Bi-Monthly - odd months)
Time: 12:30 – 2:00pm
Meeting location: Sierra Vista Police Department, Conference Room, 911 N. Coronado Drive, AZ 85635

Contact Name: Adriana Romero
Email Address: aromero@cenpatico.com
Phone: 480-273-7308
Description of Coalition: Cenpatico would like to invite stakeholders, providers and community leaders to discuss any concerns you may have in regards to behavioral health issues in your community; we will document these concerns and recommendations and take them back to our Cenpatico leaders. This is also an opportunity for agencies to share information on their organization and programs they offer that are available to the community.

Cenpatico Willcox Community Advisory Council
Meeting Date: 3rd Tuesday of the Month (Bi-Monthly - Odd months)
Time: 12:00 – 1:30pm
Place: 480 N. Bisbee Avenue (Classroom #8 located directly behind the Willcox School District Office)
Contact Name: Susan Richards
Email Address: srichards@cenpatico.com
Phone: 480-322-1249
Description of Coalition: Cenpatico would like to invite stakeholders, providers and community leaders to discuss any concerns you may have in regards to behavioral health issues in your community; we will document these concerns and recommendations and take them back to our Cenpatico leaders. This is also an opportunity for agencies to share information on their organization and programs they offer that are available to the community.

Cochise County Networking Coalition
Meeting Date: 1st Wednesday of the Month
Time: The door will be open at 8am for networking opportunities and the meeting will start at 8:30am. There will also be networking opportunities after the meeting.
Meeting Location: Tombstone Community Congregational Church on 2nd and Allen Street, Tombstone
Contact Name: Tina Squire or Susan Richards
Email Address: Tina Squire - russkirev@gmail.com or Susan Richards - srichards@cenpatico.com
Phone: Tina Squire – 520-678-0961 or Susan Richards – 480-322-1249
Description: Opportunity for agencies to share information on their organization and programs they offer that are available to the community.

Cochise County Reentry Coalition
Meeting Date: 4th Thursday of the Month
Time: 3:00pm – 5:00pm
Meeting Location: Sierra Vista Library, 2600 E. Tacoma Street, Sierra Vista
Contact Name:
Email Address: ccreentry@gmail.com
Address: P.O. Box 1365, Sierra Vista, AZ 85636
Phone:
Description: CCRC is a Public Benefit Corporation registered in the State of Arizona. It aims to bring together a broad network of partners (private individuals, profit, non-profit organizations), united together from within and around the surrounding community, for the purposes of creating and strengthening both community and faith base initiatives, which will facilitate successful reintegration of ex-offenders into the community from incarceration. These initiatives will help to improve the safety of our communities by reducing the need for incarceration (recidivism) in our society and helping

individuals become productive citizens again. To subscribe to our email list for updates & information, click http://eepurl.com/GhzrX
Visit/like us on Face book: Cochise County Reentry Coalition

Cochise Serving Veterans (CSV)
Date/Time: 2nd Tuesday of the Month, must call for times
Location: Chapel on the Southern Arizona Veterans Memorial Cemetery campus: 1300 Buffalo Soldier Trail, Sierra Vista, AZ 85635
Contact: Samantha Bivens, SSVF Outreach Specialist / Service to the Armed Forces/American Red Cross
Samantha.Bivens2@redcross.org
Phone: 520-318-6866
Description: Through a collaborative effort, CSV provides outreach, networking, and referral services addressing employment, financial, medical, housing, and moral support needs of US Military, Veterans and their families. We are members of federal, state, local and private agencies and individuals who serve those who have served. Our goal is to end homelessness in our Veterans and enabling Veterans-in-need to achieve independence and self-sufficiency. Responsible for organizing and executing Nationally-sanctioned StandDown events for homeless and at-risk for homelessness Veterans and their family members.

Community Health Improvement Planning Committee
Meeting Date: 3rd Wednesday, every other month on odd numbered months.
Time: 9:30 – 11:00 AM
Meeting location: Bisbee Health Department
Contact Name: Mary Gomez, Health Director
Email Address: mgomez@cochise.az.gov
Phone: 520-432-9404
Description of Meeting/Coalition: Discuss community health needs and plans to address same. Receive reports from local Health and Wellness Advisory Committees.

IMPACT Sierra Vista - a community coalition
Facebook: www.facebook.com/SierraVistaCommunityCoalition
Meeting Date: 2nd Tuesday of every month
Time: 12:00pm - 1:00pm
Meeting location: SEABHS, 4755 Campus Drive, Sierra Vista, AZ 85635
Contact Name: Jeanine Rodriguez-Marrero
Email Address: svcommcoal@gmail.com
Phone: 520-366-2751
Description of Meeting/Coalition: This coalition meets monthly to discuss, plan, and implement strategies to reduce underage drinking and substance use/abuse

High School Health Career Clubs in Bisbee, Douglas and Willcox
Meeting Date: Varies by School (call contact for further information)
Time:
Meeting location: Bisbee High School/Hospital, Douglas High School, Willcox High School and Hospital
Contact Name: Tashina Machain
Email Address: tashina@seahec.org
Phone: 520-331-0108

Description of Meeting/Coalition: Health Career clubs motivate young people (high school students) to choose a health career, prepare them for college application process and reduce fear of attending college. Students are exposed to guest speakers who are health professionals from local communities, take tours of universities and participate in health related projects.

Sierra Vista Homeless Coalition
Meeting Date: 4th Wednesday of every month
Time: 3:45pm – 5:30pm
Meeting Location: Sierra Vista United Methodist Church 3225 St Andrews Drive, Sierra Vista, AZ 85650
Contact Name: Sue & Bob Potts
Email Address: svumc@svumc.phxcoxmail.com
Phone: 520-378-3352
Description of Meeting/Coalition: Call for more information.

Sierra Vista Regional Child Abuse Prevention Council (dba Committee for Prevention of Child Abuse - CPCA)
Meeting Date: 3rd Wednesday of every month
Time: 11:30am – 1:00pm
Meeting Location: Oscar Yrun Community Center
Contact Name: Nilda R. Townsend
Email Address: ntownsend6@aol.com
Phone: 520-249-2834
Description of Meeting/Coalition: Provide child abuse prevention awareness education in order to promote a safe and healthy environment for children. We provide educational support to local social service organizations in our community.

Willcox Against Substance Abuse (WASA)
Meeting Date: 1st Friday of the every month
Time: 12:00pm – 1:00pm
Meeting Location: Location may vary, check with contacts listed below
Contact Name: Gary Hatch, WASA Coordinator or Sally White, WASA Secretary
Email Address: gary.hatch@wusd13.org or Sally.White2@wusd13.org
Phone: 520-384-4777
Description of Meeting/Coalition: To increase awareness and promote prevention of substance abuse in the community with specific emphasis on youth, and to support the values and importance of an addiction-free lifestyle.

LOCAL SUPPORT MEETINGS

Alcoholics Anonymous Cochise County, Arizona
http://www.aa-cochisecounty.org/SlowMeetingList.aspx?

AL-ANON MEETS EACH WEEK Al-Anon meetings (for family and friends of alcoholics) with open discussion take place weekly on Mondays at 7 p.m. at St. John's Episcopal Church, 19 Sowles Ave., in Old Bisbee. For information, contact 366-2478.

WOMEN'S AA MEETS Alcoholics Anonymous for women meets at 9 a.m. every Tuesday at Trinity Methodist Church, 216 Arizona St. in Warren. For more information, call 366-2478.

AL-ANON 12-STEP STUDY OFFERED WEEKLY Al-Anon's 12-Step Study is offered each Wednesday at 7 p.m. at Trinity Methodist Church, 216 Arizona St. in Warren. For more information, call 366-2478.

Southeastern Arizona Area Service Committee of Narcotics Anonymous
http://www.natucson.org/

Alzheimer's Association Desert Southwest Chapter Southern Arizona Region
1159 North Craycroft Road
Tucson, Arizona 85712
Phone: 520-322-6601 **Fax:** 520-322-6739
Website: www.alz.org/dsw
Support Groups are regularly scheduled sessions of small groups of persons with Alzheimer's and/ or family, friends, or caregivers who share information and experiences, build new skills, and offer peer support and ideas about issues related to dementia. See listing below.
Benson – Benson Hospital, 450 S. Ocotillo Ave. (Benson Hospital Trng. Room), 2nd Thursday – 3:00PM
Sierra Vista – Sierra Vista Library, 2600 E. Tacoma , 4th Thursday – 10:30 AM

Dementia Cafe
Meeting Date: Last Monday of every month (including all public holidays except for Christmas Day.)
Time: 12:00 to 2:00 PM
Meeting location: Faith Presbyterian Church, 2053 E Choctaw Drive, Sierra Vista, AZ 85650
Contact Name: Frena Gray-Davidson
Email Address: **frenagd@gmail.com**
Phone: 520-432-3203
Description of Meeting/Coalition: All caregivers of people with dementia are welcome and are invited to also bring the person cared for, plus any other caregiver of any kind of health condition might also enjoy joining our monthly Potluck Dementia Cafe. Everyone who wants to come is welcome. Caregivers need food and each other -- we try to make that happen.

Canyon Vista Medical Center Wellness Depot in The Mall At Sierra Vista

Breastfeeding Support Group
Meeting Date: Every Monday (except holidays)
Time: 9:15 AM – 10:30 AM

Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name: Stephanie Haws, RN
Email Address: stephanie.haws@canyonvistamedicalcenter.com
Phone: 520-508-6748
Description of Meeting/Coalition: The CVMC Wellness Depot offers a Mommy to Mommy Breastfeeding Support Group. New mothers benefit from the network of friends and discussion topics presented at our breastfeeding support groups. These support groups are held weekly and are facilitated by one of our lactation experts. During the meetings you can share experiences with other mothers and discuss specific topics of interest. Children are welcome.

ALOHA- Adult Hearing Loss Support Group
Meeting Date: 1st Monday of every Month
Time: 11:00 AM
Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name: Karl J Peterson
Email Address: info@alohaaz.org
Phone: 520-678-5544
Description of Meeting/Coalition: The mission of ALOHA is to provide a support system for individuals with an acquired deafness and/or hearing loss and their families. ALOHA also offers peer support, advocacy, information and training for individuals with a hearing loss which will enable them to improve their quality of life. During the meetings, you can share experiences and discuss specific topics of interest.

Kidney Smart
Meeting Date: 2nd Thursday of every Month
Time: 2:00 PM
Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name: Wellness Depot
Email Address: Wellness.Depot@canyonvistamedicalcenter.com
Phone: 520-459-8210
Description of Meeting/Coalition: This FREE Kidney Smart® class is hosted by Canyon Vista Medical Center and DaVita® Sierra Vista. This class is part of a nationwide effort to empower those diagnosed with chronic kidney disease (CKD) by providing basic education on how to manage their health. One in six American adults has CKD, and leading causes include diabetes and hypertension. Managing CKD can be difficult, but proper care can slow the progression to dialysis. Kidney Smart classes teach people with Stage 3, 4, and 5 CKD how to stay healthy. Participants learn to keep a health diary, set goals for their health and organize their lab values and medications. The two hour sessions are taught by DaVita's experienced health care professionals, including nurses, social workers, dietitians, and technicians.

Better Breathers Club
Meeting Date: 3rd Wednesday of every Month
Time: 3:00 PM
Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name: Kathy Soza BSRT, RRT-NPS

Email Address: sozak@cochise.edu
Phone: 520-452-2612
Description of Meeting/Coalition: Better Breathers Clubs offer the opportunity to learn ways to better cope with COPD while getting the support of others who share in your struggles. These support groups give you the tools you need to live the best quality of life you can. Better Breathers Clubs meet regularly and feature educational presentations on a wide range of relevant topics. If you feel alone and isolated, these support groups can help. It feels good to talk with others who understand, which has a positive impact on your health.

Ostomy Support
Meeting Date: 2nd Sunday Bi-Monthly (Feb, Apr, Jun, Aug, Oct, Dec)
Time: 2:00 PM
Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name: Bill Shelton
Email Address: seazoa@gmail.com
Phone: 520-378-2487
Description of Meeting/Coalition: Southeastern Arizona Ostomy Association (SAOA) is a non-profit local support group that aids ostomates with ostomy management, insurance and government regulations through visitation, meetings, newsletters. Educational and informational programs by quest speakers such WOC nurses, physicians, manufacturing representatives and others well-versed in ostomy management. There is also a period for ostomates to exchange experiences, ideas or ask a question.

Us TOO Prostate Cancer Support Group
Meeting Date: Last Friday of every month
Time: 09:00 AM
Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name:
Email Address: ustoosvaz@gmail.com
Phone: 520-803-6773
Description of Meeting/Coalition: Us TOO support group will provide a support group meeting for prostate cancer survivors, their spouses, care givers, newly diagnosed men and other interested persons. The group's mission is to help men and their families make informed decisions about prostate cancer detection and treatment through support, education and advocacy. The Willie Cotton Jr. Chapter, Sierra Vista, AZ, meets each month at the Wellness Depot in the Sierra Vista Mall. Programs include presentations by health care professionals, care givers, cancer survivors and dietitians. We want to meet the needs of anyone

Monthly Ongoing Education

CHF Congestive Heart Failure Education
Meeting Date: 1st Thursday of every other month (Feb, Apr, Jun, Aug, Oct, Dec)
Time: 2:00 PM
Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name: Wellness Depot
Email Address: wellness.depot@canyonvistmedicalcenter.com

Phone: 520-459-8210
Description of Meeting/Coalition: Join us as Resident Physicians and Dietitians at Canyon Vista Medical Center discuss congestive heart failure (CHF) and how to live with it. This class is for anyone (patients, family members, caregivers) dealing with CHF. The purpose of this session is to address the condition, medications, diet, exercise, when to call the
physician and what to do if symptoms worsen. There will be time for questions at the end of class.

Stroke Education
Meeting Date: 1st Thursday of every other month (Jan, Mar, May, Jul, Sep, Nov)
Time: 2:00 PM
Meeting location: Wellness Depot in "The Mall at Sierra Vista" between Sears and the Food Court 2200 El Mercado Loop Sierra Vista, AZ 85635
Contact Name: Wellness Depot
Email Address: wellness.depot@canyonvistmedicalcenter.com
Phone: 520-459-8210
Description of Meeting/Coalition: The Wellness Depot will offer free education to the public about stroke. Here are some of the topics regarding the different aspects of stroke; How to recognize signs and symptoms, how to lower and control blood pressure, what to do if you think you are having a stroke. Care and options available after experiencing a stroke and much more. Class will be taught by the resident physicians and dietician from Canyon Vista Medical Center. Please join us for our community education.

The Compassionate Friends
Meeting Date: First Wednesday of every month
Time: 6:30-8:30 p.m.
Meeting Location: Faith Presbyterian Church, 2053 E. Choctaw Drive, Sierra Vista, AZ
Contact Name: Judy Slarve & Jennifer or Ed Shiver
Email Address: jslarve@cox.net or tcfsierravista@gmail.com
Phone: 520-249-3110 Judy / 520-458-1389 Jennifer
Description of Meeting/Coalition: The Compassionate Friends is a nonprofit, self-help bereavement support group for parents, grandparents, and adult siblings (18 yrs. and older) that have experienced the death of a child, (grandchild, sibling). We offer friendship, understanding, and most of all hope. To learn more about The Compassionate Friends, visit our national web site at www.compassionatefriends.org

Loved Ones Incarcerated Support Group
Meeting Date: 2nd Monday of each month
Time: 6:30 pm - 8:00 pm
Meeting Location: St. Andrews Parish Center, 800 Taylor Drive, Sierra Vista, AZ
Contact Name: Fred Otto
Email Address: admin@lovedonesincarcerated.org
Phone: 520-255-8710
Description of Meeting/Coalition: Do you have a loved one in jail or in prison or on probation or on parole? LOI Support Groups help families and loved ones face the issues of incarceration. Maybe you have a loved one coming home and you want to help make the transition. We can assist you. All are welcome.

PFLAG
Meeting date: 1st Wednesday of every month
Time: 6:30 pm - 8:00 pm
Meeting location: Unitarian Universalist Church, 4533 N. Commerce Drive, Sierra Vista, AZ
Phone: 520-255-0423 (If you have any questions, please leave a message)
Description of Meeting/Coalition: The Sierra Vista chapter of PFLAG (the national organization for parents, families, allies, and LGBTQ people united for equality) will hold its monthly meeting at the Unitarian Universalist Church. If you are lesbian, gay, bisexual or transgender or if you are friends and family to the LGBT community and equality for all, we invite you to join us at our first meeting for 2016. We have interesting programs scheduled for much of the year already and we welcome YOUR ideas and suggestions as to topics and questions related to LGBT issues and challenges about which you would like more education, knowledge and support. We respect confidentiality so please feel invited to join us! To find our meeting location, from Highway 90 and Charleston Road, drive east on Charleston Road, turn left (north) at the light on N. Columbo Avenue, go to Commerce Drive, turn left, and the new location will be on your right, second driveway. Look for our sign.

Sierra Vista Regional Child Abuse Prevention Council (DBA Committee for Prevention of Child Abuse – CPCA)
Meeting Date: Second Tuesday of the Month - Quarterly (Except January – Annual Meeting TBA)
Time: 12:00 Noon – 1:00 PM
Meeting location: Oscar Yrun Community Center, Sierra Vista
Contact Name: Nilda R. Townsend
Email Address: ntownsend6@aol.com
Phone: 520-249-2834
Description of Meeting/Coalition: Representatives from community organizations discuss child abuse prevention resources and educational needs in the community: Law Enforcement, Public Education, Department of Health Services, Department of Child Safety, Social Service Agencies, CASA Volunteers, Parents, Foster Parents, Local Businesses, Behavioral Health Agencies, Fort Huachuca Army Community Services/Family Advocacy, Community Volunteers, just to name a few.

The Southwest Association of Buffalo Soldiers (SWABS)
Meeting date: 3rd Tuesday of each month
Time: 7:00 pm to 8:00 pm
Meeting location: Foothills Service Center, 4001 E. Foothills Dr. Sierra Vista, AZ 85635
Phone: 520-220-0153
Description of Meeting/Coalition: The association meeting is open to the public. Learn about the accomplishments and history of the Buffalo Soldiers. SWABS offer presentations to local schools, colleges and universities as well as organizations. We also provide tours of Fort Huachuca upon request. Reservations required. Call (520) 220-0153 for details. Note: Fort Huachuca is an active military installation. US citizens may take the tour and must provide valid photo identification if over age 12 and submit to a background check prior to entering the installation.
If you need any additional information please contact 520-220-0153 or 520-226-7453.
Our web site is: www.swabuffalosoldiers.org

LOCAL MEDIA

Organization	Contact	Address	Email	Phone	Fax	Comments
Cochise County						
Arizona Range News **Office Hours:** Monday-Thursday, 8 a.m. to 4 p.m.; Friday, 8 a.m. to 1 p.m. http://www.willcoxrangenews.com/	Ainslee Wittig, Managing Editor ainslee.wittig@willcoxrangenews.com 520-384-3571 ext. 24	122 S. Haskell Ave., Willcox, AZ 85643	rangenews@willcoxrangnews.com Monica Watson, Publisher Arizona Range News mwatson@eacourier.com 928-428-2560 ext. 225	384-3571	384-3572	Published every Wednesday; serving Willcox, San Simon, Sunsites, Bowie, Cochise and Dragoon.
Bisbee Daily Review http://www.svherald.com/	Mr. Eric Petermann, Managing Editor	102 Fab Avenue, Sierra Vista, AZ 85635	eric.petermann@svherald.com	520-515-4610		Deadline Daily 2 p.m. Call if it's after 2:00pm
Bisbee Observer http://www.thebisbeeobserver.com/	Ms. Laura Swan, Publisher	7 Bisbee Road, Suite L, Bisbee, AZ 85603	bisbeeobserver@cableone.net	432-7254	432-4192	The Bisbee Observer is published every Thursday. Deadline Tues. Noon
Douglas Dispatch http://www.douglasdispatch.com/	Mr. Bruce Whetten, Managing Editor	530 E. 11th Street, Douglas, AZ 85607	editor@douglasdispatch.com	364-3424 Mobile: 234-0145	364-6750	Deadline Monday 5p.m.
The Fort Huachuca Scout by Aerotech News and Review	Joan	Ft. Huachuca, AZ	Service information only!	533-1985		

San Pedro Valley News-Sun Benson News-Sun **Office Hours:** Monday-Thursday, 8 a.m. to 4 p.m.; Friday, 8 a.m. to 1 p.m. http://bensonnews-sun.com/	Mr. Chris Dabovich, Managing Editor	200 S. Ocotillo Ave, P.O. Box 1000, Benson, AZ 85602	chris.dabovich@bensonnews-sun.com	586-3382	586-2382	Published every Wednesday; serving Benson, Arizona and the surrounding communities of St. David, Pomerene, Cascabel, Dragoon and Willow Lakes. Deadline Thurs. 5 p.m.
Sierra Vista Herald http://www.svherald.com/	Mr. Eric Petermann,, Managing Editor	102 Fab Ave., Sierra Vista, AZ 85635	eric.petermann@svherald.com	520-515-4610		Deadline Daily 2 p.m. Call if it's after 2:00pm
For News Articles: Benson News-Sun, Sierra Vista Herald	Ms. Dana Cole, Reporter	Benson area, Tombstone, Whetstone, Sierra Vista	d.cole@msn.com	249-6179 cell		Deadline Daily 2 p.m.
The Tombstone News http://thetombstonenews.com/		POB 1760 Tombstone, AZ 85638	editor@thetombstonenews.com	457-3086	457-3126	
CAVE 97.7 FM Radio-Benson http://cavefm.com/index.htm		U.S. Post Office: Cave 97.7FM Box 18899 Tucson, 85731 Studio Location: The CAVE Eyesore	me@cavefm.com	Studio: 520-586-9797 Business: 520-290-9797	586-3527	

		156 W. Fifth Street Benson, AZ 85602				
KDAP-FM 96.5 Radio Country	Howard N. Henderson	Douglas		364-3484	364-3483	
KHIL 1250 AM Radio	Kelsey Black	Willcox		384-4626	384-4627	
KKYZ 101.7 FM Radio Oldies		Sierra Vista	General Info: info@kkyz.com Production: Spots@kkyz.com	459-8201	458-7104	
KRMC 91.7 FM Radio (Spanish)	Warren Griffin	421 E 9th Street Douglas, AZ 85607		364-5392	364-5392	
Cherry Creek Radio KWCD 92.3 FM Country KZMK 100.9FM Hot Adult Contemporary KTAN 1420 AM News Talk	Randy Sueskind, General Manager	2300 Busby Drive, PO Box 2770 Sierra Vista, AZ 85636	rsueskind@cherrycreekradio.com	458-4313	458-4317	
KWRB 90.9 FM Radio	Arron Daniels, Station Director, Laia Daniels, Operations Manager	3320 E. Fry Blvd., Sierra Vista, AZ 85636	http://www.kwrb.org/	452-8022	452-0927	Christian Radio
I am inviting you to be my on air guests to share with listeners your organization's funct ion and how it works to make for safer and stronger communities.	Chris Dowling	Sierra Vista Bisbee	lovedonesincarceratedchanges@gmail.com	520-234-6076		

Cherry Creek Radio 1420 am, Thursday 8-9am						
Television						
Organization	**Contact**	**Address**	**Email**	**Phone**	**Fax**	**Comments**
Cox Cable		150 E. Wilcox Drive, SV, 85635		458-4705	624-5918	
Cable One – Channel 6 Prizm	Ms. Margaret Dillond	99 Bisbee Road, Bisbee, 85603		432-5397		
Other Newspapers						
Arizona Daily Star http://azstarnet.com/	Mr. David Wichner Assistant Business Editor	4850 S. Park Ave. Tucson, AZ 85714	dwichner@azstarnet.com	520-573-4181	520-573-4144	
Tucson Citizen	Mr. Mark B. Evans Site Administator /Editor	4850 S. Park Ave., Tucson, AZ, 85714	mevans@tucsoncitizen.com	520-573-4614		
Arizona Republic		200 East Van Buren St. Phoenix, AZ 85004	If you'd like to send a **press release**, please fax it to The Arizona Republic newsroom at (602) 444-8044 or send it via U.S. Mail to: The Arizona Republic Newsroom, 200 E. Van Buren St., Mail Code NM19, Phoenix AZ 85004.	(602) 444-8000 (800) 331-9303 outside Metro Phoenix		